



Southcentral Consortium for Overdose Prevention and Education in Oklahoma

Leading Rural Oklahoma to Improve Lives



OKARR – Promoting Access to Recovery
Supportive Living Environments

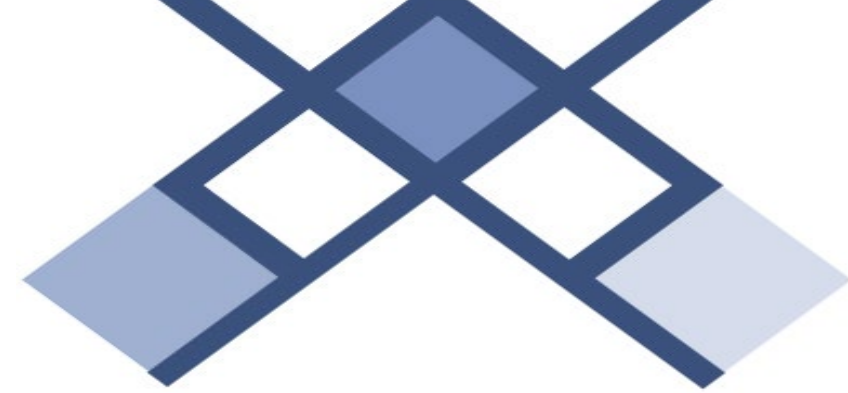


Oklahoma Alliance for
Recovery Residences

What are RCORP and SCOPE-OK?

- **RCORP** is a \$298 million, multi-year grant initiative supported by Health Resources and Services Administration (HRSA) to address barriers to access in rural communities related to substance use disorder (SUD), particularly Opioid Use Disorder (OUD)
- The Southcentral Consortium for Overdose Prevention and Education in Oklahoma (**SCOPE-OK**) will work to address barriers to the prevention, treatment, and recovery of opioid and other substance disorders.

SCOPE-OK Consortium



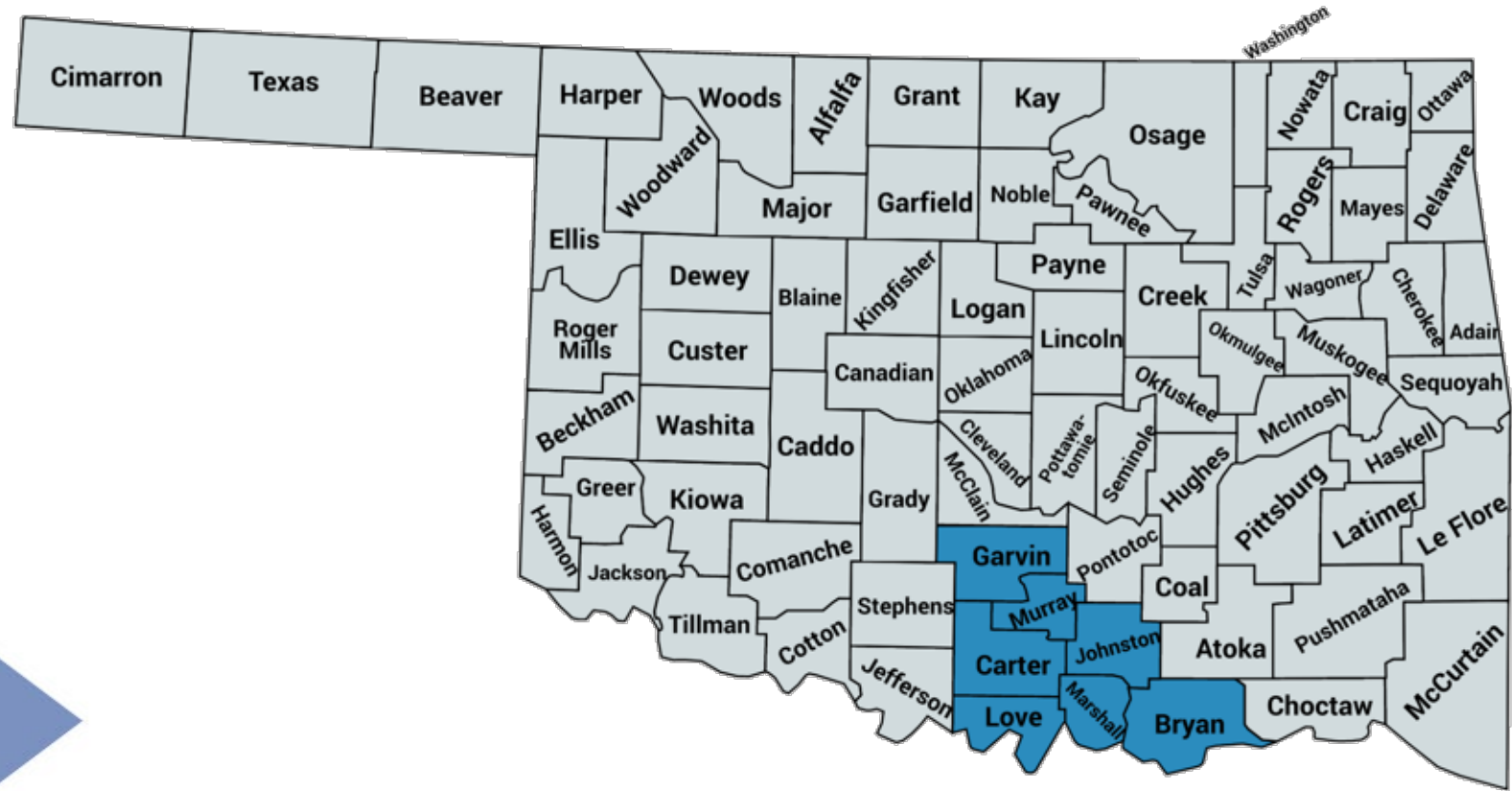
- **SCOPE-OK** meets the 2nd Month each quarter (February, May, August, November)– Ardmore Public Library 10 AM-12 PM
- Members include:
 - Groups focused on rural, preventative, and/or public health
 - Healthcare providers from all settings of care
 - Educators and school system representatives
 - Organizations involved with the prevention, treatment, and recovery of substance use
 - Persons directly impacted by substance use (persons in recovery, impacted family members, persons who use drugs, etc.)



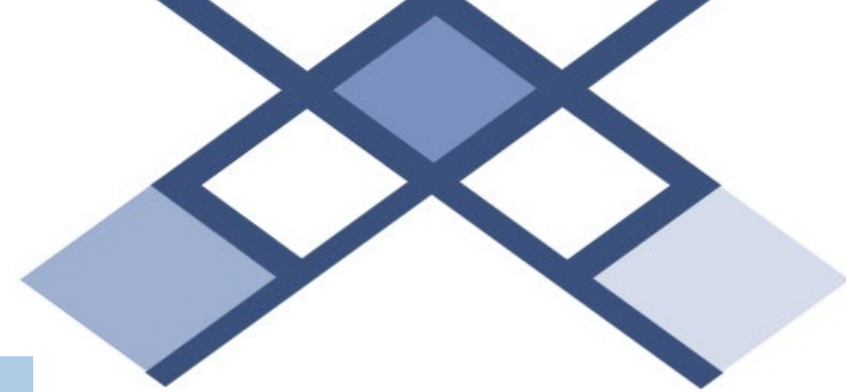
SCOPE-OK Service Area

- Targeting 7 counties in south central/ I-35 corridor region

- Bryan
- Carter
- Garvin
- Johnston
- Love
- Marshall
- Murray



SCOPE-OK Can Help!



Training

Our certified trainers can train anyone on naloxone use or stigma of substance use disorders.



Community Collaboration

We can collaborate with your organization to work on your goals related to prevention, treatment, and recovery.



Technical Assistance

Let us assist you in implementing or optimizing your technology to create better care coordination opportunities.



Education Events

We host a variety of events focused on a variety of topics including sensitivity of results, prescribing guidelines, telehealth, value-based care models, and more .

Visit our website!
OFMQ.com/scope-ok



SCOPE-OK Can Help!



Visit our website!
OFMQ.com/scope-ok

Amanda Coldiron

Amanda graduated from Empire State University in Saratoga Springs, NY with a Bachelor of Science in Community and Human Services in 2003 and then went on to receive her Masters in Science in Community and Human Services from Walden University in 2019. She began her career in mental health at Life Management Center of NW Florida in Panama City, FL in 2003 as an outpatient and inpatient crisis management case manager working with homeless and chronically mentally ill individuals. Amanda's experience is broad to include working in the prison system, community services and social services in the university hospital system. In 2020 she became the Housing Navigator for the Oklahoma Department of Mental Health and Substance Abuse Services. Amanda now leads the Oklahoma Alliance for Recovery Residences as the Executive Director and assists operators across the state in developing their programs to ensure the best possible environments for men and women in recovery.



Oklahoma Alliance for Recovery Residences

AMANDA COLDIRON, MS
EXECUTIVE DIRECTOR

Objectives

What is OKARR?

What are Recovery Residences?

Bridging the gap

Understanding the challenges

Solutions

What is a Recovery residence?

10

- Family-like living environment free from alcohol and illicit drug use and are centered on peer support and connections that promote sustained recovery from substance abuse
- Emerged out of abstinence-based philosophy
- Precursor of abstinence-based treatment

WHAT ARE RECOVERY RESIDENCES?



4 Types known as Levels of Support
as defined by the
National Alliance for Recovery
Residences (NARR)

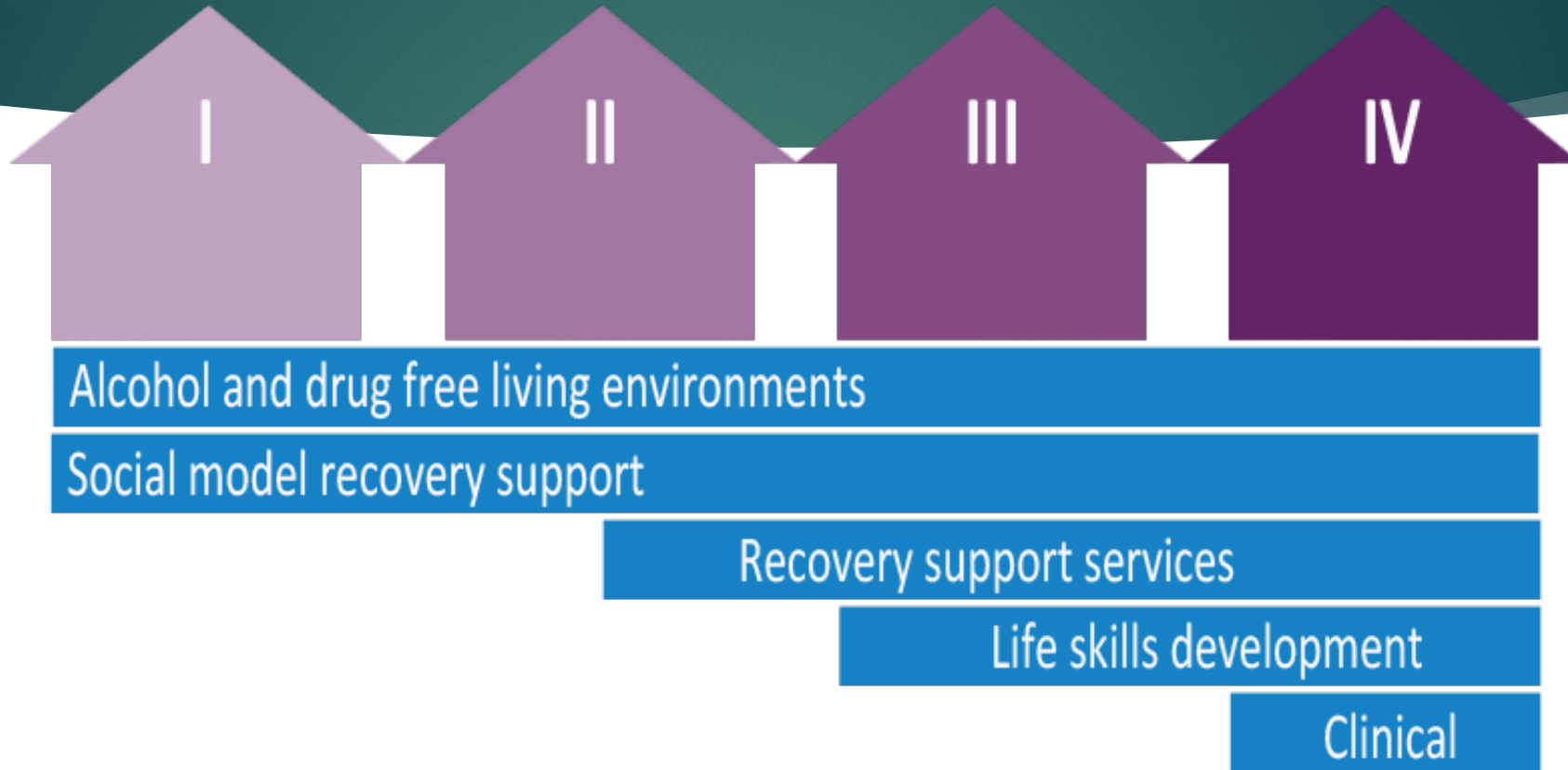
What are Recovery Residences?



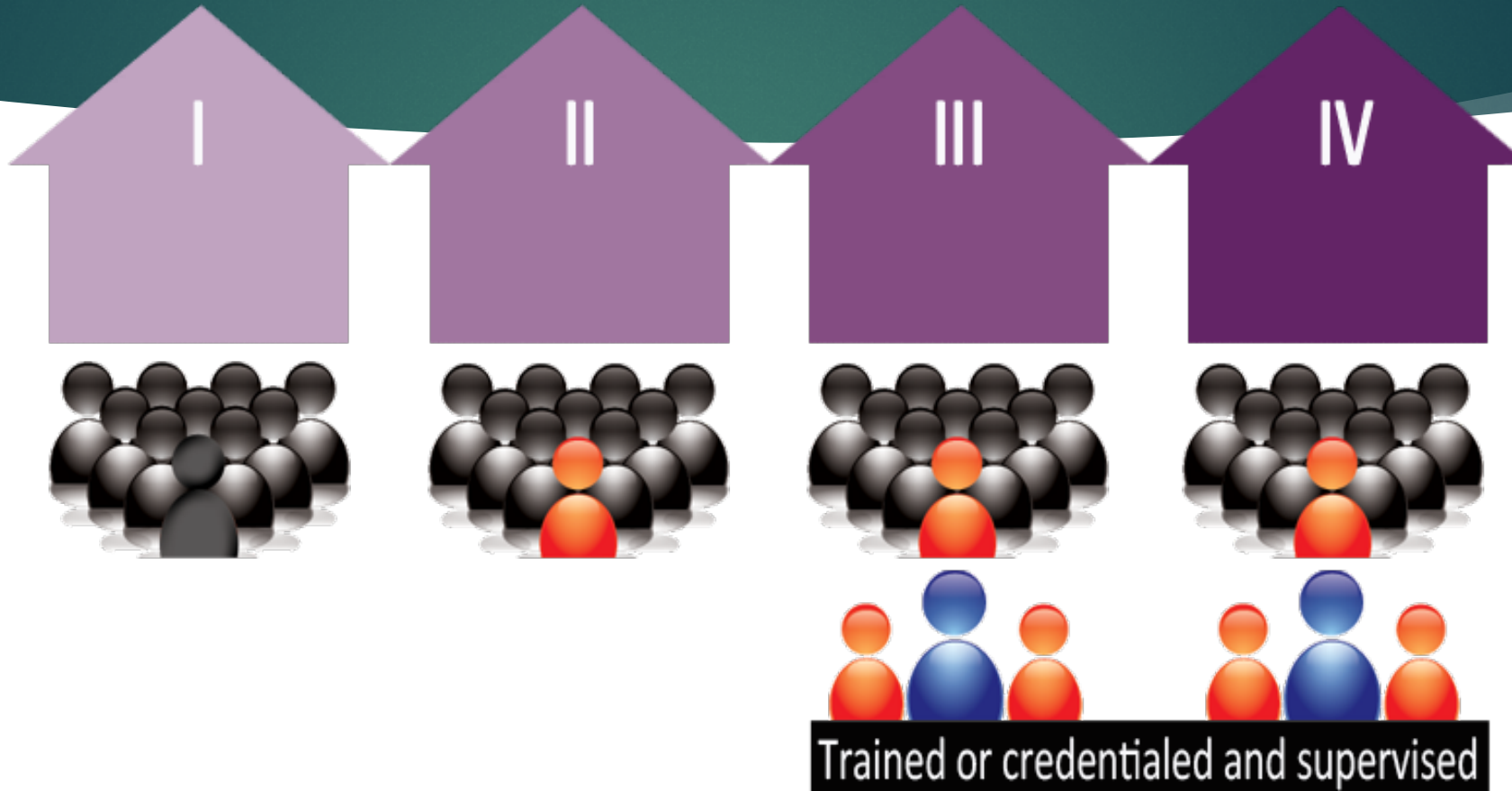
What are Recovery Residences?



What are Recovery Residences?



What are Recovery Residences?

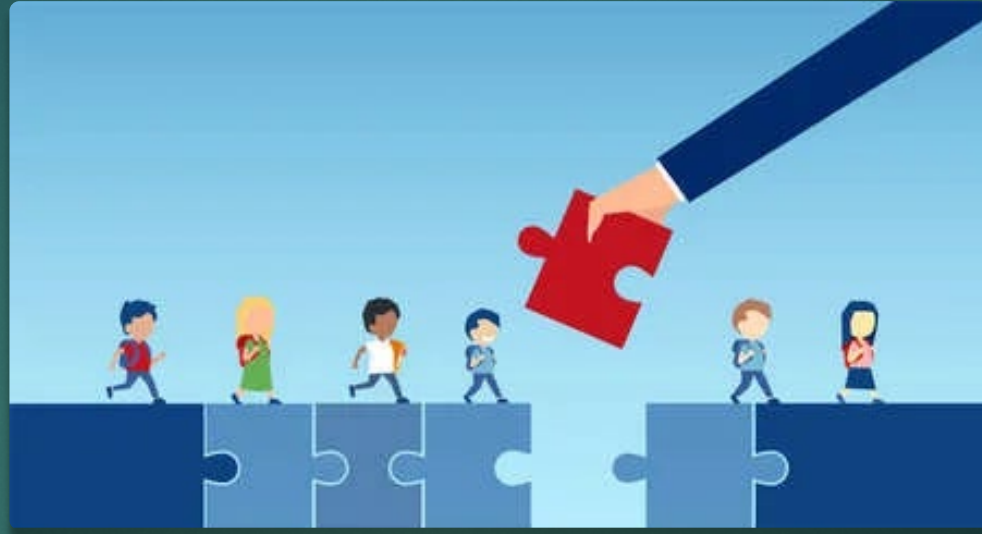


What are Recovery Residences?



Evidence-Based

- ↓ Reduce substance use
- ↓ Improve psychological, employment, housing, and criminal justice outcomes
- ↓ Appropriate for individuals with: co-occurring mental health and substance use disorders, a history of homelessness and a history of criminal justice system involvement
- ↓ Length of stay is typically linked to better outcomes
- ↓ Cost-effective adjuncts to treatment and other high-intensity services or post-treatment step-downs



Bridging the Gap

Recovery-Oriented Systems of Care

- Enhance acute treatment with chronic peer recovery supports
- Coordinate networks of services and supports that build on the strengths and resilience of individuals, families and communities
- Match person-specific needs with culturally congruent and person-selected resources rather than with pre-determined combinations of standardized services

Continuum of Support: From harm reduction to abstinence

Help

Helpful to view services that promote harm reduction or abstinence as part of a continuum with a recovery-oriented system of care

Recognize

Recognizes the various *stages of recovery* and within each stage the impact of the various *stages of change*.

Support

Appropriate supports change depending on an individual's recovery capital, symptom severity and recovery stage.

Inclusive Definition of “Recovery”

- “A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”
- Supportive Dimensions:
 - Health, home, purpose and community
 - SAMHSA, 2012

Everyone's Recovery is Their Own!

21



"RECOVERY FOR ME IS FINDING THE ME I WAS ALWAYS MEANT TO BE"



"BEING IN RECOVERY HAS GIVEN ME THE TRUST OF MY FAMILY AND ALLOWED ME TO HELP OTHERS"



"RECOVERY IS THE DIFFERENCE BETWEEN LIFE & DEATH OR MISERY & PLEASURE"



"I'M ABLE TO HOOR MY TRUE POTENTIAL AND FOR THAT I'M GRATEFUL"



"BEING ABLE TO COMMIT TO MEANINGFUL RELATIONSHIPS"



"TODAY I HAVE THE ABILITY TO ACCEPT LIFE ON LIFE'S TERMS AND BE OKAY WITH IT"



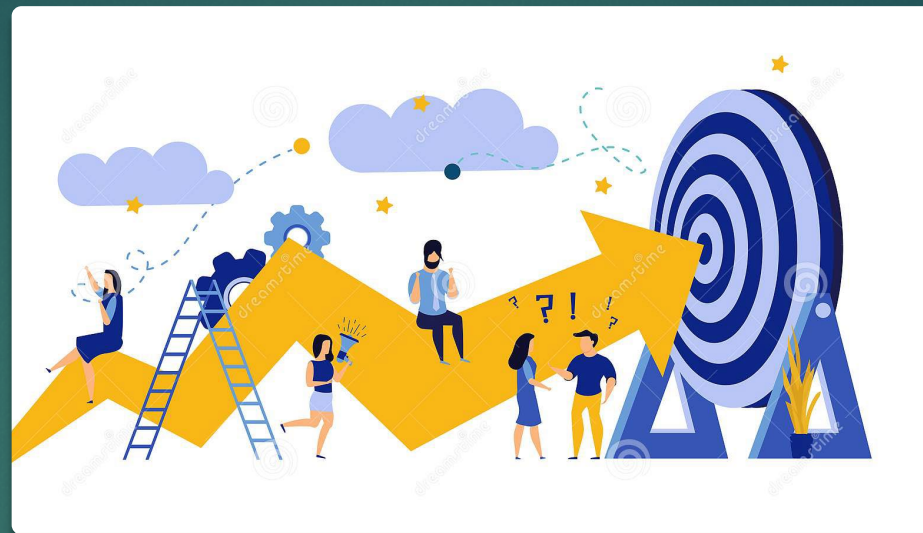
"RECOVERY ISN'T JUST THE ELIMINATION OF DRUGS & ALCOHOL IT'S THE REDISCOVERY OF LIFE"



"LIFE IS GREAT AND POSSIBLE EVEN WHEN YOU DIDN'T HAVE HOPE"

Many Pathways of Recovery

- Individuals are unique with distinct needs, strengths, preferences, goals, culture and backgrounds- including trauma experience- that affect and determine their pathways to recovery.
- Recovery pathways are highly personalized. They may include professional clinical treatment:
 - Use of medications
 - Support from families, friends and schools
 - Faith-based approaches
 - Peer support



Understanding the Challenges

Stigma

Medication Assisted Treatment

- ❖ Stigma continues to play a role in:
 - Restricting access to MAT
 - Creating barriers to persons undergoing MAT accessing recovery residences
 - Attitudes of general public, criminal justice system and mutual aid societies (AA, NA)

Stigma

Recovery Residences

- ❖ Stigma continues to play a role in:
 - Restricting access to Recovery Residences
 - Creating barriers to persons in recovery from living together as a “family” in residential neighborhoods
 - Not in My Backyard (NIMBY) politics driven by unfounded fears

Fair Housing

26

- The Fair Housing Act protects people from discrimination when they are renting, buying or securing financing for any housing (HUD).
- “Protected Classes” under federal fair housing law include race, color, national origin, religion, gender, family and disability status.



Fair Housing

- ▶ Individuals in recovery from substance use or mental health disorders meet the civil rights definition of “disability”, regardless of whether or not they are medication-assisted treatment.
- ▶ Fair housing protections do not extend to an individual who is:
 - ▶ Actively using illicit substances
 - ▶ Engaged in criminal behavior
 - ▶ A threat to others or property

Fair Housing

Being prescribed MAT automatically qualifies someone for a recovery residence. **True or False?**

FALSE-Not everyone undergoing MAT has recovery goals that align with the recovery goals of the house. They also may not agree to adhere to or uphold resident agreements and requirements.

Fair Housing

A Recovery residence can categorically exclude an applicant from a recovery residence based on their MAT prescription. **True or False?**

False-If a housing provider, including a recovery residence provider, categorically excludes an applicant based on any medication they have been legally prescribed, they may be violating federal fair housing law.

Culture Clash

- ❖ Recovery residences reflect the culture of the local recovery communities that support them
 - ❖ Predominantly abstinence-based 12-step and faith-based communities
 - ❖ Historically not supportive of opioid agonist treatment
 - ❖ Confusion and misinformation about what MAT actually is and how it helps



Solutions

Avoid Unintended Consequences

- Shaming and blaming language alienates the community needed to develop solutions
- Solely converting existing stock to MAT recovery housing,
 - Cannibalizes the marketplace
 - Divides the marketplace by funding source
 - Is not based on evidence

Empower Choice

**SELF-
DETERMINATION**

Linkage

**RECOVERY
HOUSING**

Housing First

CULTURE

Certification

FUNDING

Resources

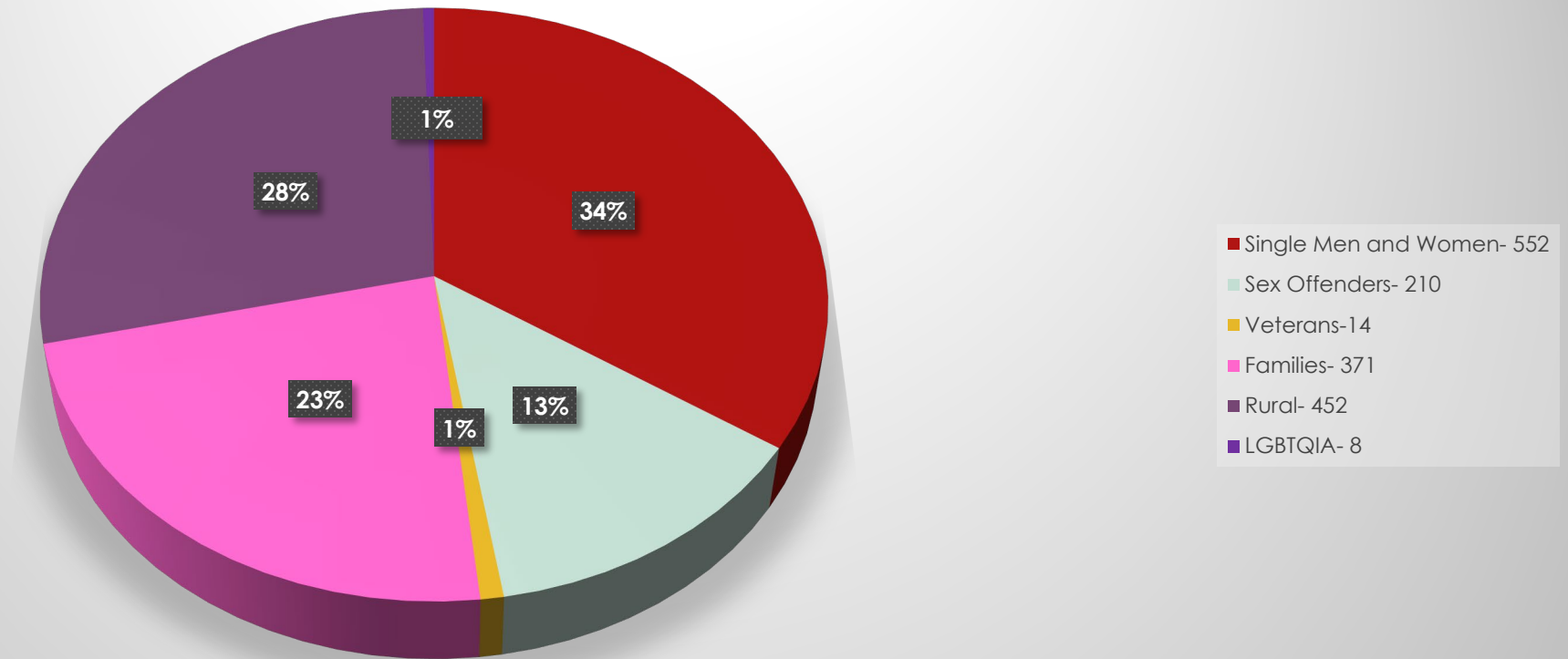
**HOUSE
MANAGERS**

Groups

What OKARR Looks Like

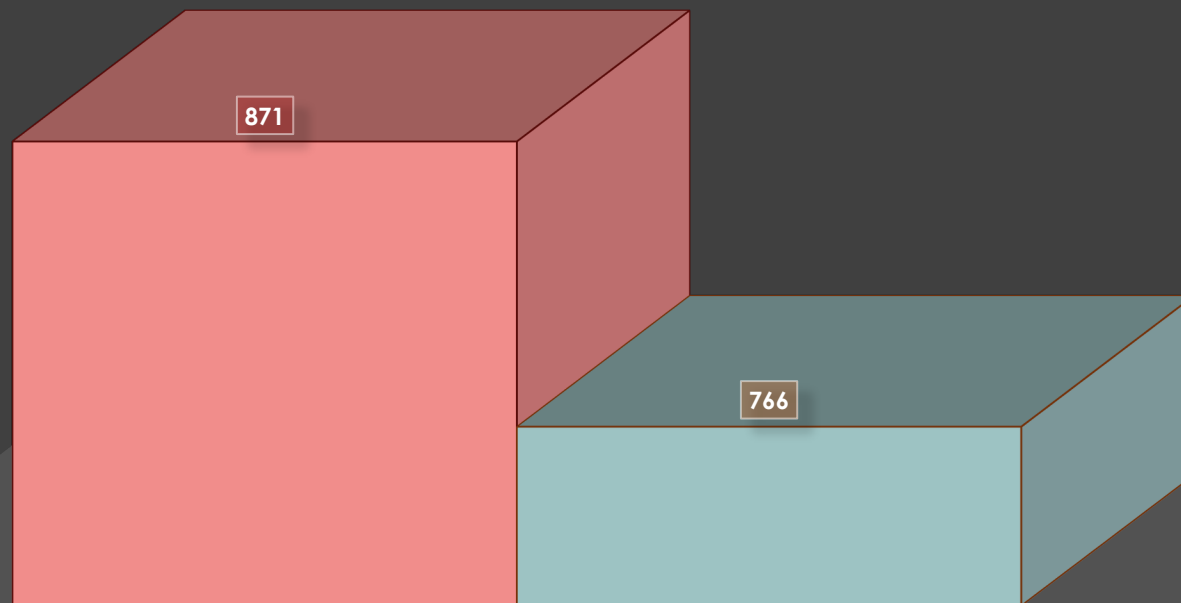
- 42 Operators
- 306 Homes
- 1,648 Certified Beds
 - ↑ 861 beds in one year

Bed Demographics



MEDICATION ASSISTED TREATMENT

■ MAT accepting beds ■ Non- MAT beds



SUMMARY

- ▶ OKARR believes in providing people in recovery a safe opportunity to start their path to recovery. Educating operators on building and promoting a recovery residence that sets the standard in their community is a priority for our organization. Working towards reducing stigma is part of our everyday delivery of services and we want to work in our communities to educate our friends, families and co-workers about how to care for those in our lives and neighborhoods that are working towards recovery!



THANK YOU

AMANDA COLDIRON

AMANDA.COLDIRON@OKARR.ORG

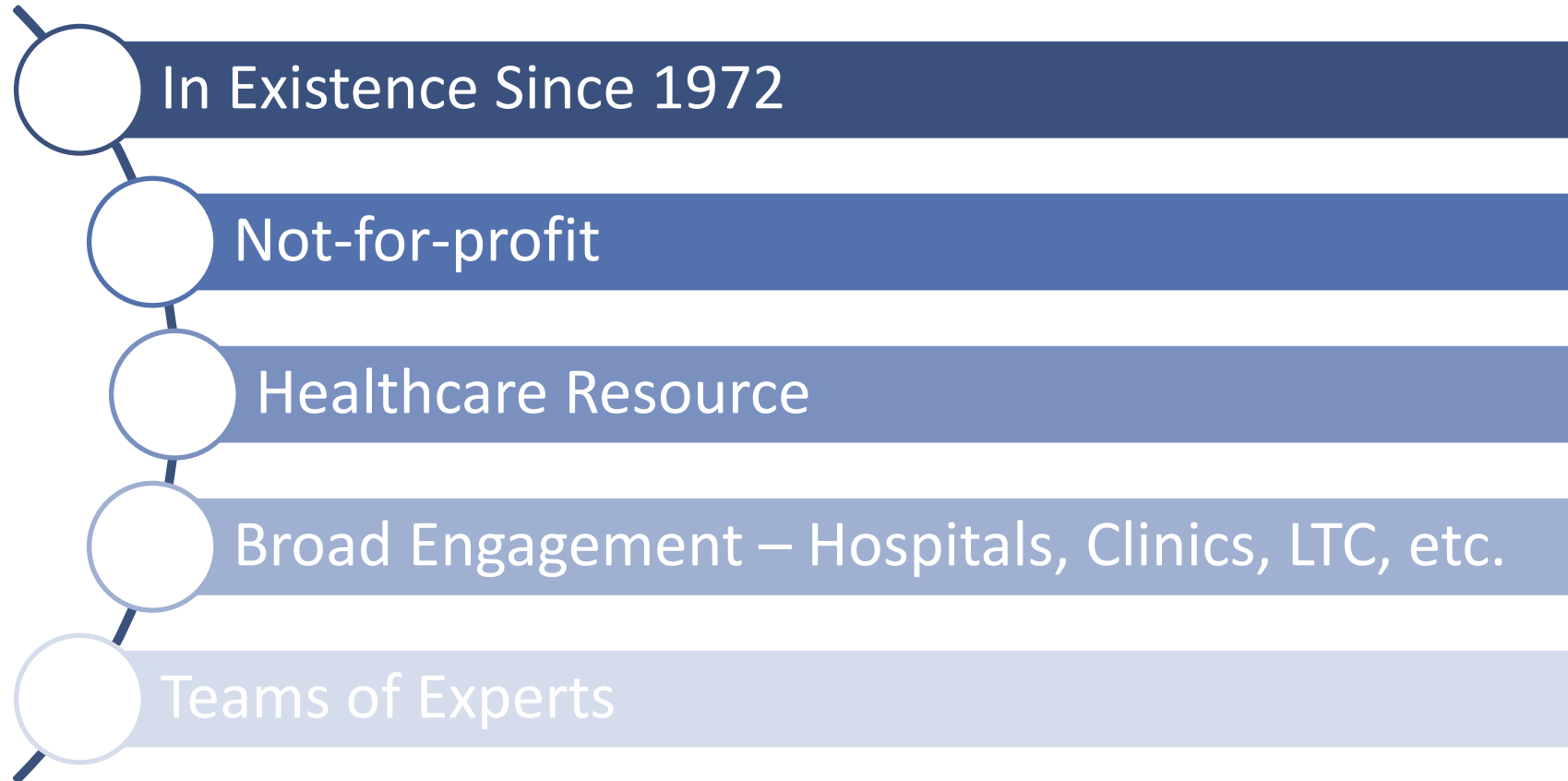
(405)856-4789

Mission of OFMQ

OFMQ is a not-for-profit, consulting company dedicated to advancing healthcare quality. Since 1972, we've been a trusted resource through collaborative partnerships and hands-on support to healthcare communities.



Our Organization



Our Experience

QIO- 45 Years



Regional Extension Center- 6 Years



Hospital Quality Measures- 16 Years



Analytics for Quality Programs- 23 Years



Value Based Payment Programs-11 years



Case Review- 47 Years



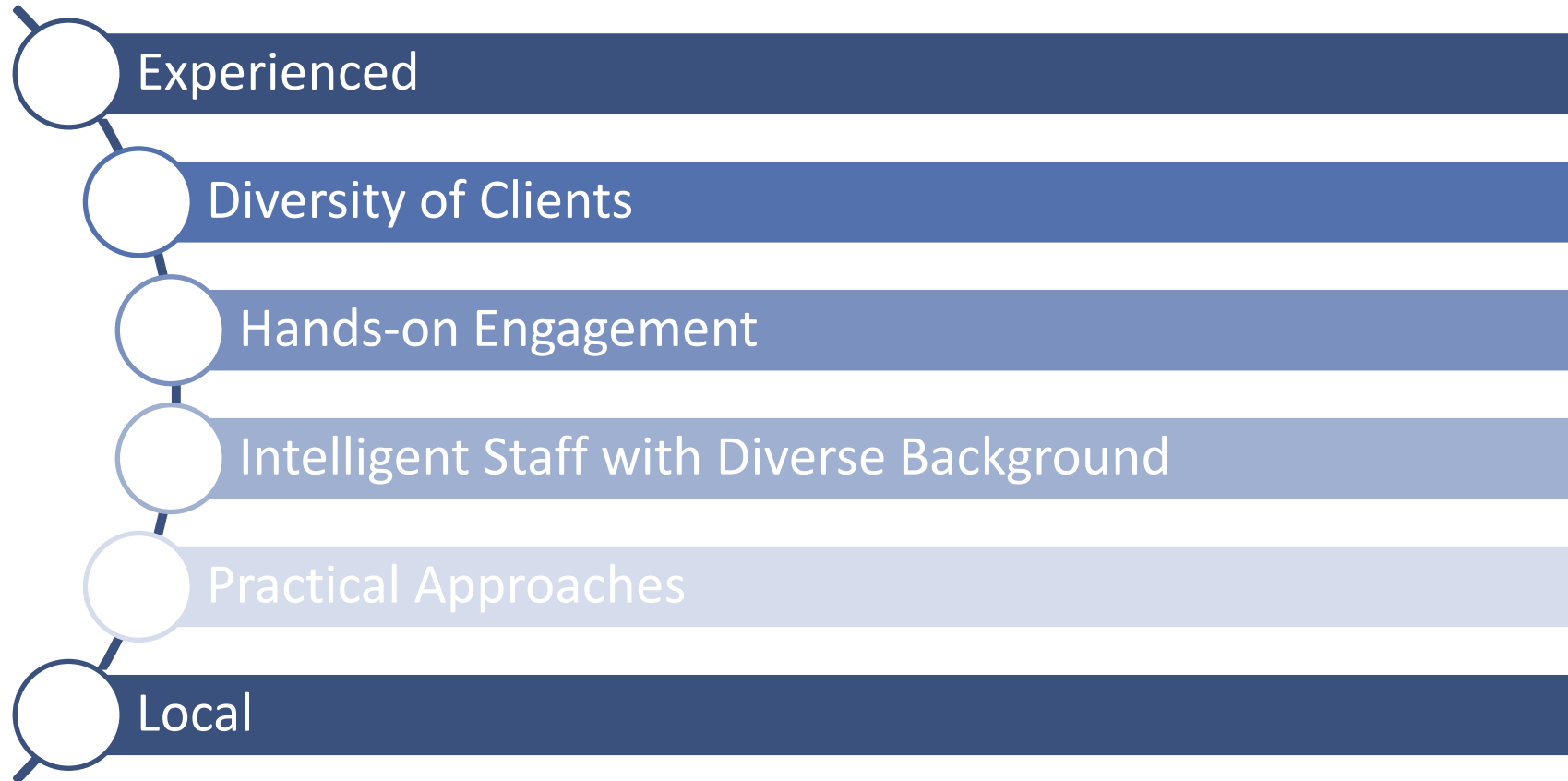
HIPAA Solution- 8 Years



Long-Term Care Quality Improvement- 20 years



Our Difference





HEALTH INFORMATION TECHNOLOGY (HIT)

HIT Quality Improvement

Quality Improvement Expertise

- Care Transitions and Referral Management
- Opioid Misuse and Reduction
- Diabetes Prevention Program
- Public Health Emergencies
 - Registry Connections
 - Reporting Requirements and Guidance
 - COVID 19 Educational Training and Testing Implementation
- Dementia Care
- Chronic Disease Management
- Food Insecurity
- Project ECHO

HIT Quality Improvement

Ambulatory Value-based Care Consulting

- Accountable Care Organizations
- Merit-based Incentive Payment System
- Patient Centered Medical Home

Hospital Reporting

- The Joint Commission
- Inpatient Quality Reporting
- Outpatient Quality Reporting
- Promoting Interoperability

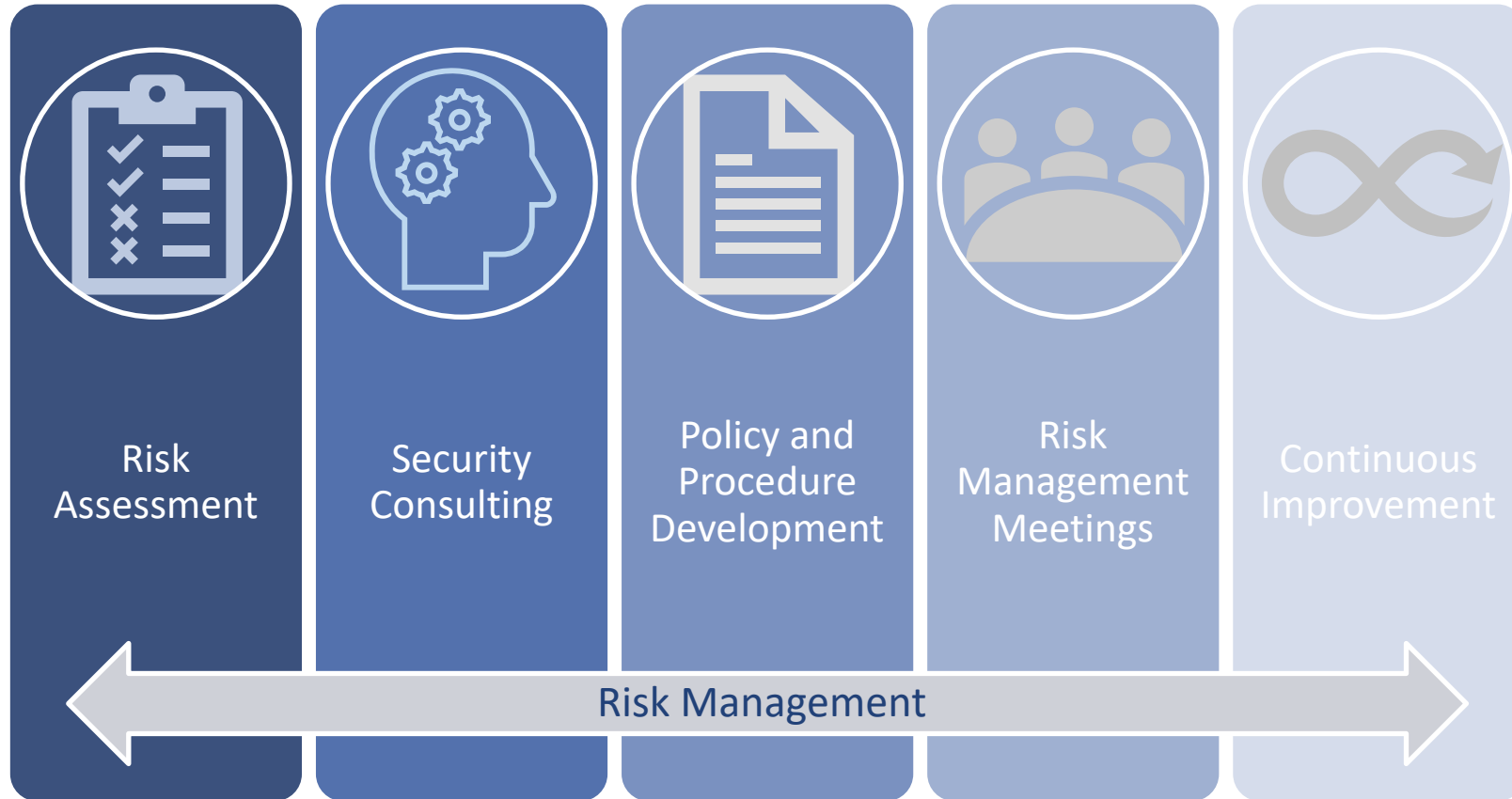
Long-Term Care

- Quality Improvement



RISK MANAGEMENT & SECURITY SERVICES

Risk Management Overview



INFOSEC IQ

Educate & empower employees

Educate and engage your workforce

- Deliver memorable campaigns with industry-leading content & assessments
- 350+ training modules in 34+ languages

Inspire better cybersecurity habits

- Educate year-round and serve in-the-moment training for employees who need it most
- 1000+ phishing simulation templates with multiple attack types

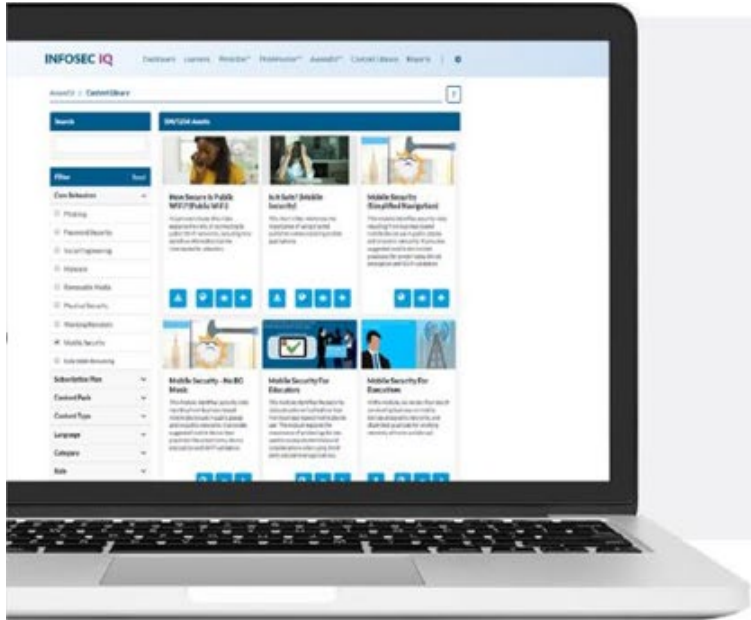
Reduce security incidents

- Avoid attacks and quickly respond to employee-reported events
- Automated reporting button, reports and analytics

Build a culture of security

- Go beyond awareness with a culture built to keep your organization secure
- Program resources — posters, infographics, kits and more





Stay compliant with training aligned with NIST guidelines

Fortify your security awareness curriculum with compliance and industry-based training. Each training module is mapped to one of nine core security behaviors derived from the NIST security awareness and training guidelines to help guide your curriculum.



Phishing



Working remotely



Password security



Social engineering



Safe web browsing



Malware



Physical security



Mobile security



Removable media

RCORP Resources For You

- The RCORP-TA portal is publicly available and has information about programs, grantees, and various trainings and resources available.
- <https://www.rcorp-ta.org/>

The screenshot shows the RCORP-TA Resource Portal website. At the top left is the logo for RCORP-TA, which stands for Rural Communities Opioid Response Program - Technical Assistance. To the right of the logo is a search bar labeled "SITE SEARCH" and a magnifying glass icon. Below the logo and search bar is a navigation menu with links for "Event Calendar", "About", and "Contact Us". A secondary navigation bar contains links for "Home", "Trainings and Resources", "Grantees", "Cohort Resources", "Request TA", "Funding", and "LMS". The main content area is divided into several sections: "Welcome to the RCORP-TA Resource Portal!" with a brief description of the program's mission; "Upcoming Events" listing two webinars: "ED Initiated Buprenorphine for Opioid Use Disorder Webinar" on September 30, 2021, and "Outcomes Driven MOUD, Part II: Stabilization and Retention" on October 5, 2021; "Resources of Interest" listing "COVID-19", "Stigma", and "Sustainability"; and a "Download the latest RCORP-TA Newsletter" section for September 2021 (724.68 KB) with a "View past issues" link. The background of the website features a blurred image of hands holding a tablet.



.....

Thank You

for Attending!

.....

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,000,000 with zero percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov).