



Southcentral Consortium for Overdose Prevention and Education in Oklahoma

Leading Rural Oklahoma to Improve Lives

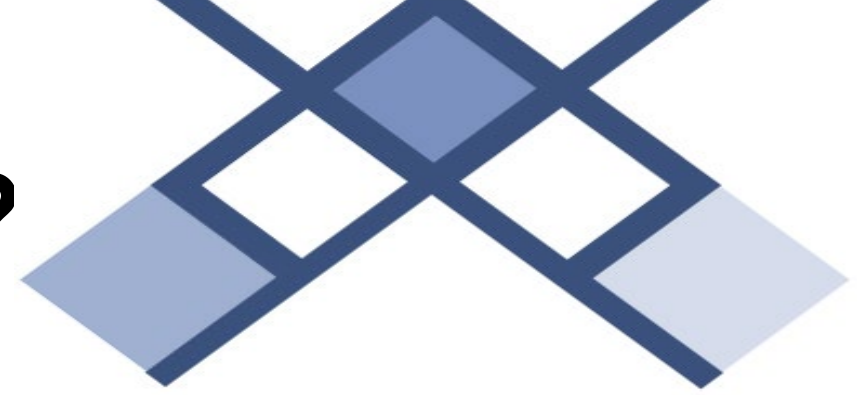
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eRecovery/eIntervention
Overview
June 16, 2022
.....



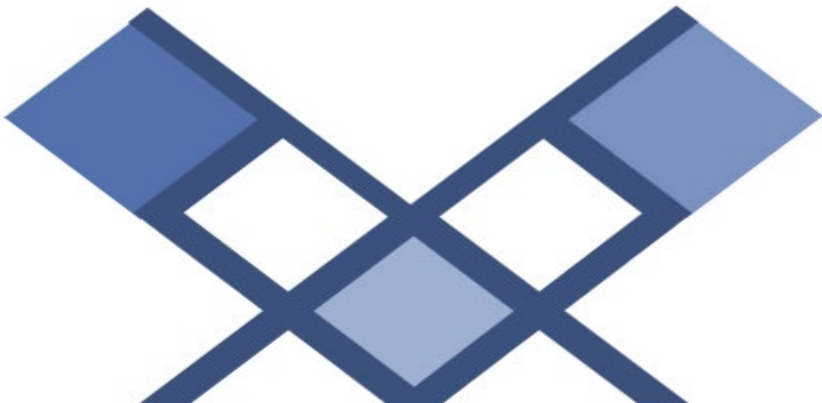
CHESS HEALTH

Real Evidence. Real Recovery.

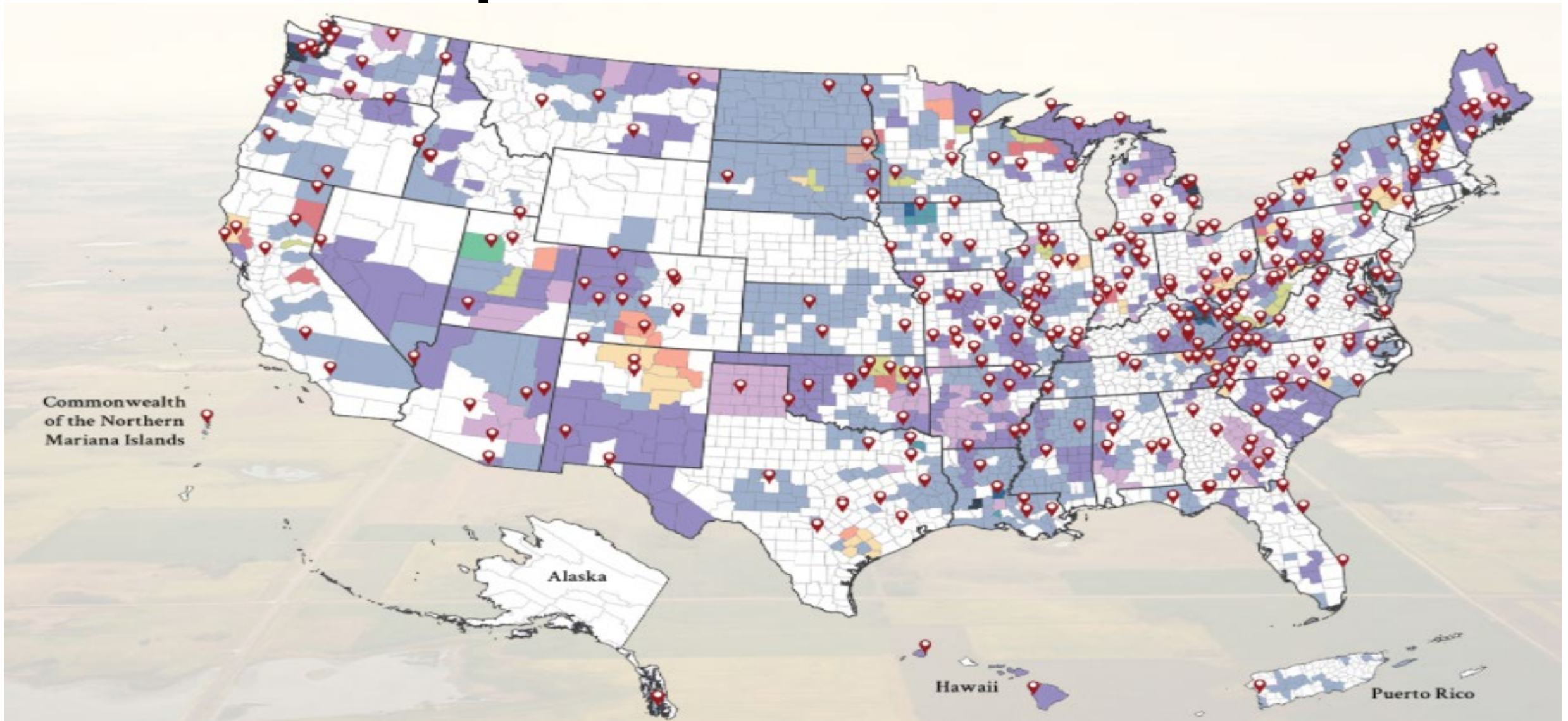
What is RCORP?



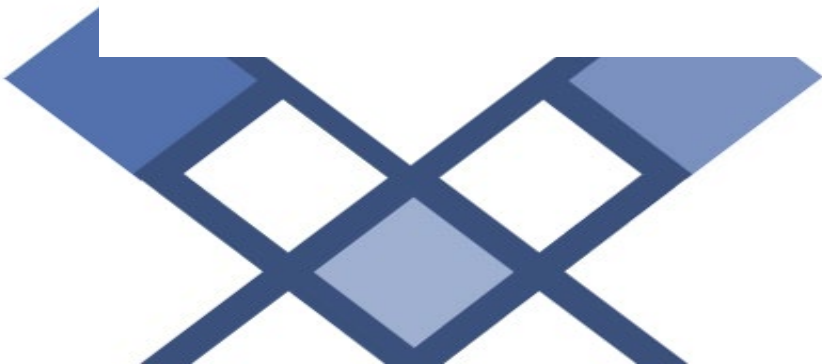
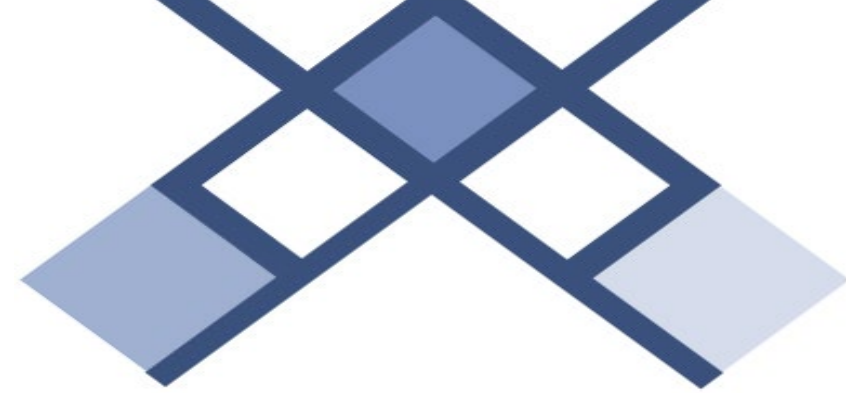
- **Rural Communities Opioid Response Program**
- A \$298 million multi-year initiative started in 2018 by the Health Resources and Services Administration (HRSA) aimed at reducing the morbidity and mortality of substance use disorder (SUD), including opioid use disorder (OUD), in rural communities at the highest risk for SUD.



Map of RCORP Grantees

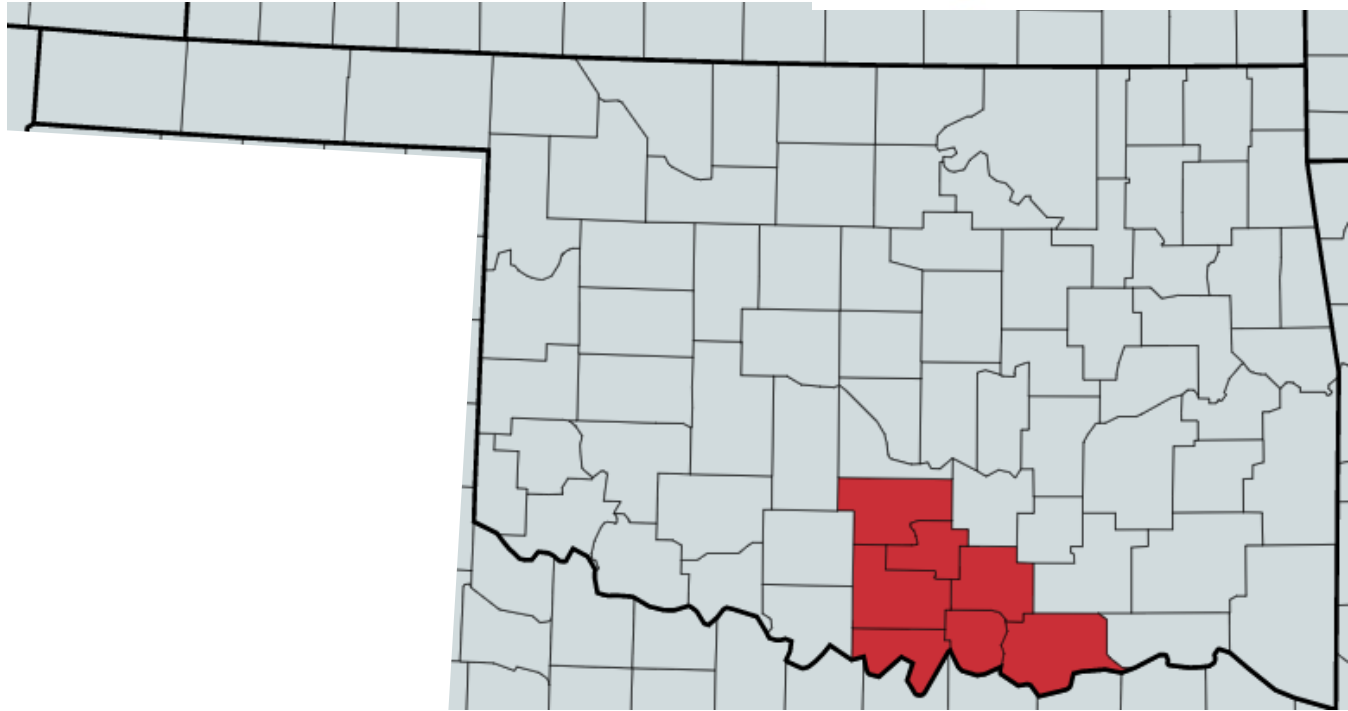


- RCORP Planning III and Implementation III grantee
- Strategic Focus Areas:
 - Access to Treatment
 - Resource Availability
 - Workforce Enhancement
 - Data accessibility and Tracking
- Meets quarterly in person
 - To be added to the meeting please email: Dflood@ofmq.com
- Sign up for SCOPE-OK
 - <https://www.surveymonkey.com/r/scopeok>

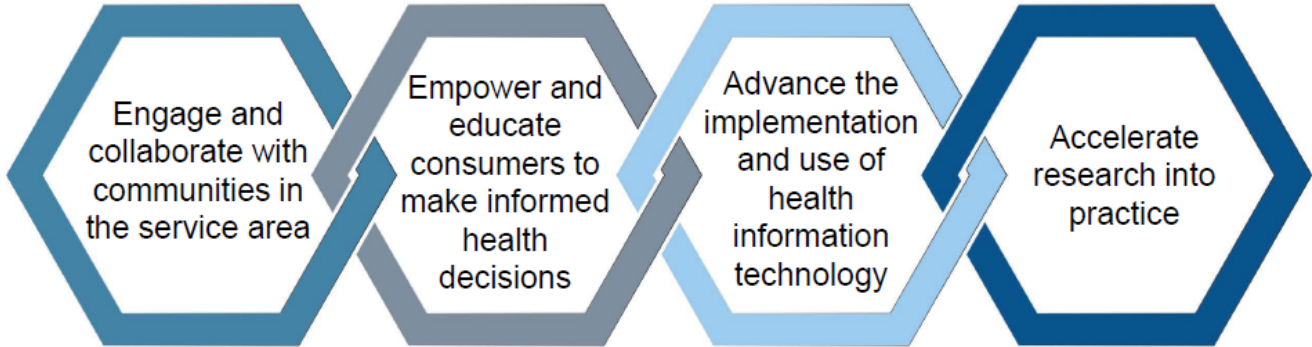


SCOPE-OK Service Area

- Targeting 7 counties in south central/ I-35 corridor region
 - Bryan
 - Carter
 - Garvin
 - Johnston
 - Love
 - Marshall
 - Murray



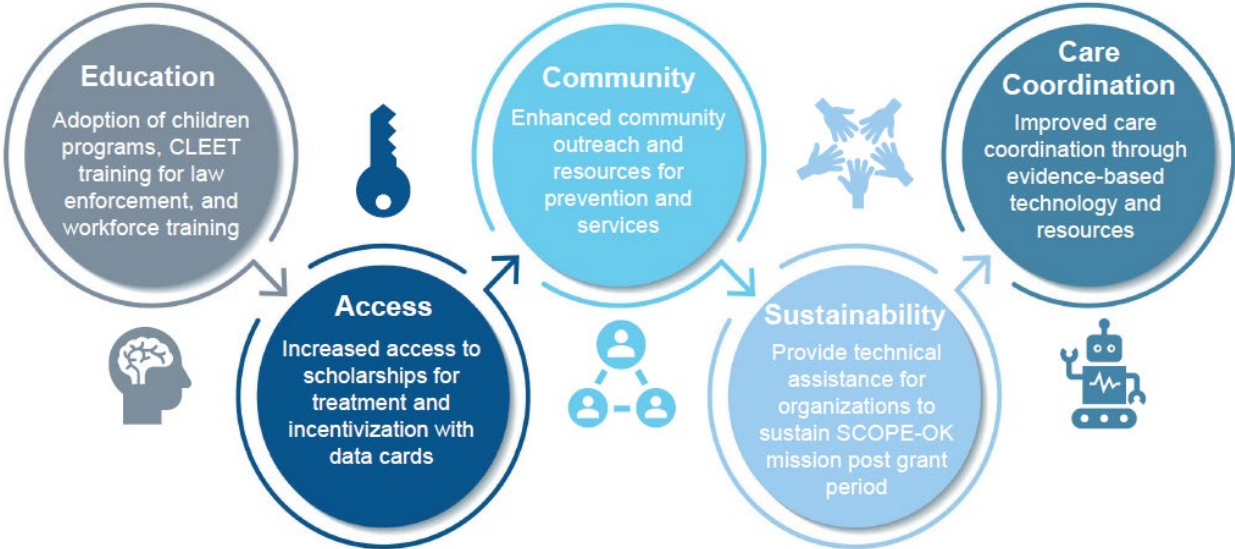
SCOPE-OK Goals and Outcomes



Goals

Our goals centralize around increasing access to care and collaboration of resources for SUD/ODU prevention, treatment, and recovery.

Long Term Outcomes



Kim Newell

Kimberly Newell currently works for CHES Health as a Customer Success Consultant. In that role she oversees the implementation of eRecovery and eIntervention across the state of Oklahoma. Kimberly has spent her career in the field of Substance Use. Prior to CHES Health she was the Drug Court Coordinator in her community for 13 years. Kimberly has a bachelor's degree in Criminal Justice from Buffalo State University.

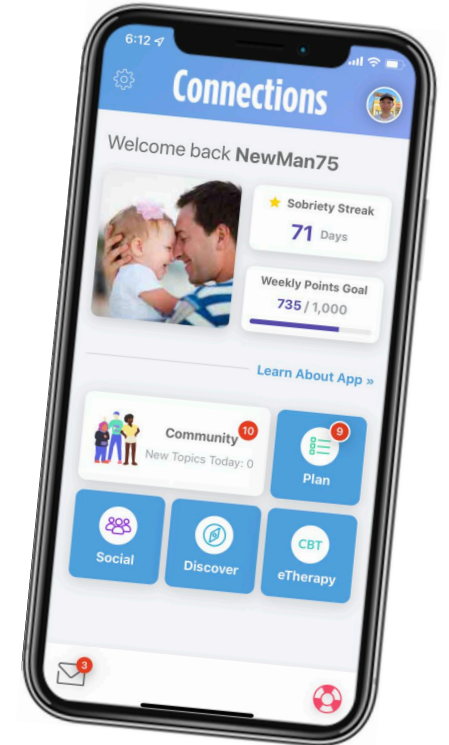




**REAL EVIDENCE.
REAL RECOVERY.**

Who We Are

- Digital health company with a mission to address the individual & societal crisis of substance use disorder (SUD)
- Evidence-based solutions for the addiction management lifecycle from **prevention** to **intervention** to **treatment & recovery**
- **We serve all industry stakeholders:** SUD/MH providers, health plans, state/local governments, and community organizations



eIntervention

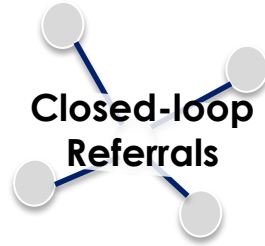
A unique digital health tool combining a web-based, flexible, closed-loop referral management platform optimized for behavioral health and, Envoy, a smartphone app for individuals and family members.



Help Get More Consumers with SUD to Treatment

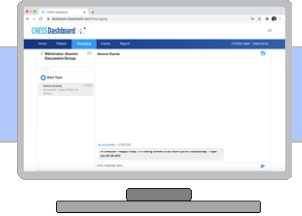
eIntervention

Connects the community (EDs, PCPs, SUD, BH providers) to get individuals into treatment / care transitions



- **EDs** refers to SUD/MAT providers
- **FQHCs & Hospitals** refer to SUD and Behavioral Health providers
- **DHS** to SUD providers
- **Drug and Family Treatment Courts** to BH/SUD providers
- **County Jail** to MAT providers
- **Crisis Centers** referring to BH/SUD
- **Detox Agencies** to IP Providers; **IP Providers** referring to OP

Web-based Referral Management

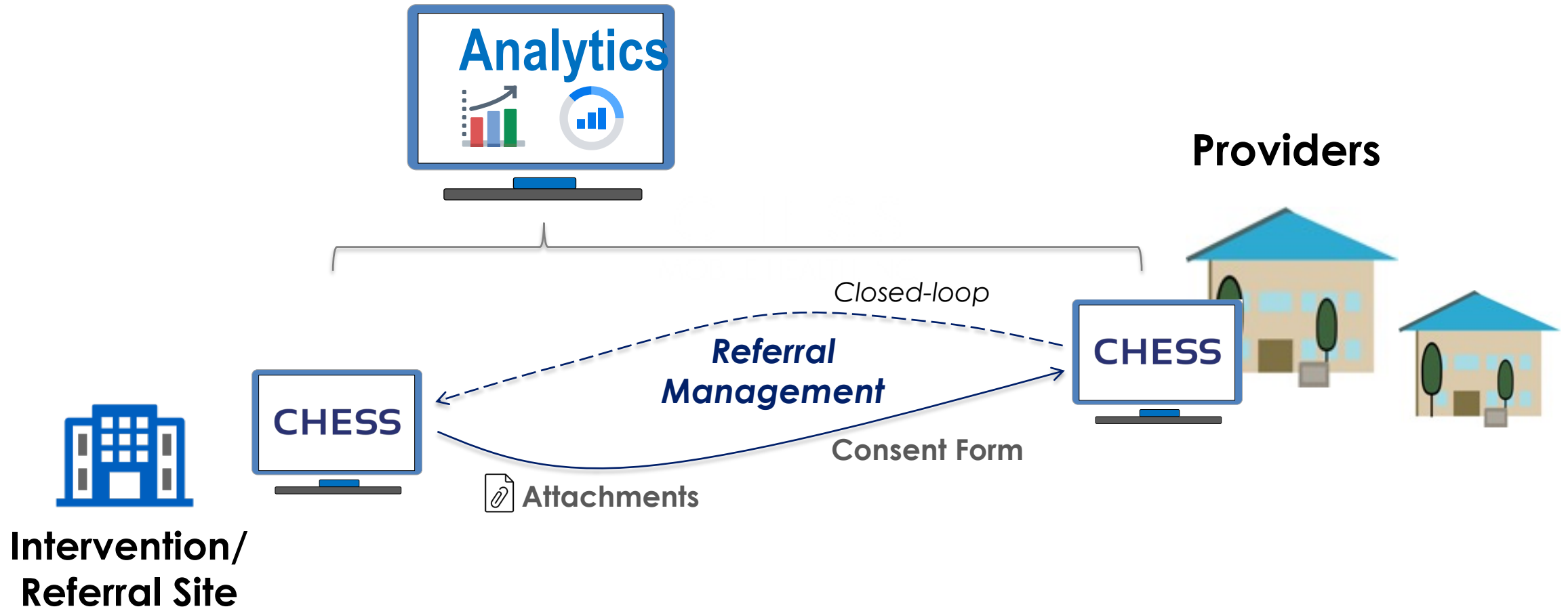


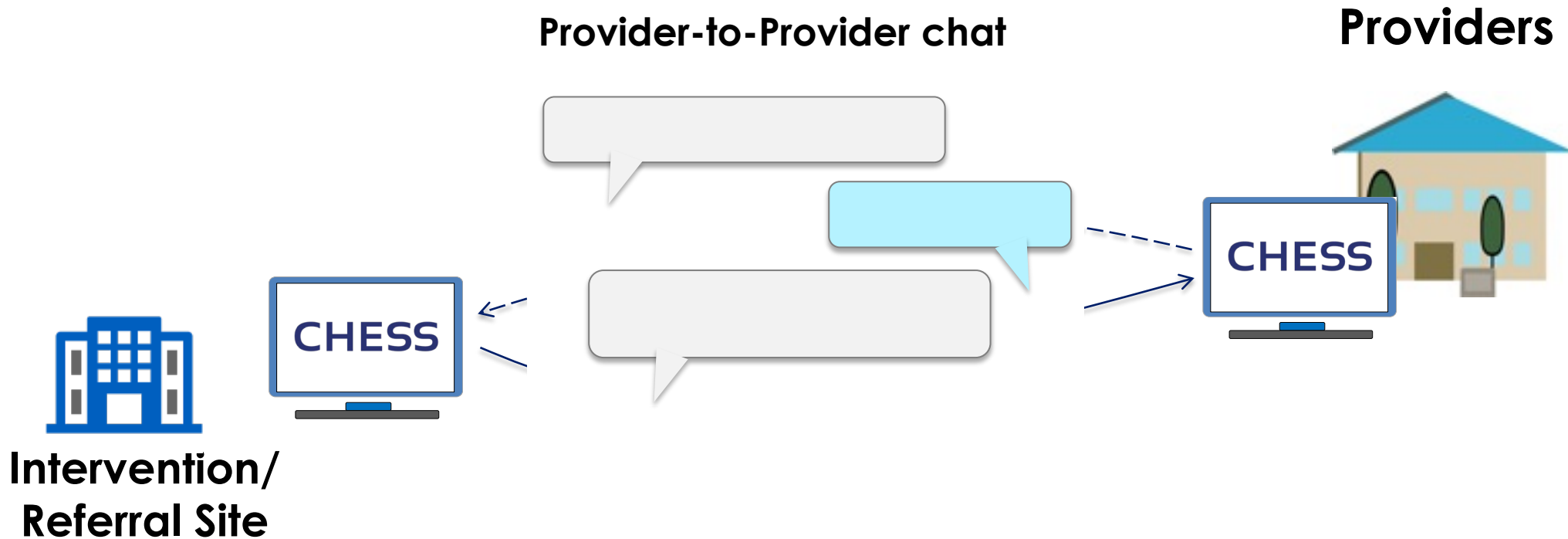
- Simple, two-screen flow to send and receive referrals among providers and others
- Closed-loop tracking of referral status; analytics
- Optimized for SUD & Mental Health

Envoy App for Individual/Family



- Referral info, branded 'tap-to-call' button
- Video content, documents to educate, motivate
- Secure messaging with sender and/or receiver

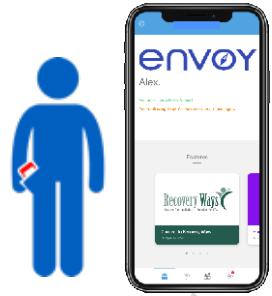




eIntervention

Referral Management Client/Family Engagement

 Provider/Referral info



Instant
Text Msg




Intervention/
Referral Site

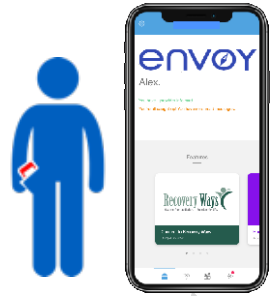


eIntervention

Referral Management Client/Family Engagement

 Provider/Referral info

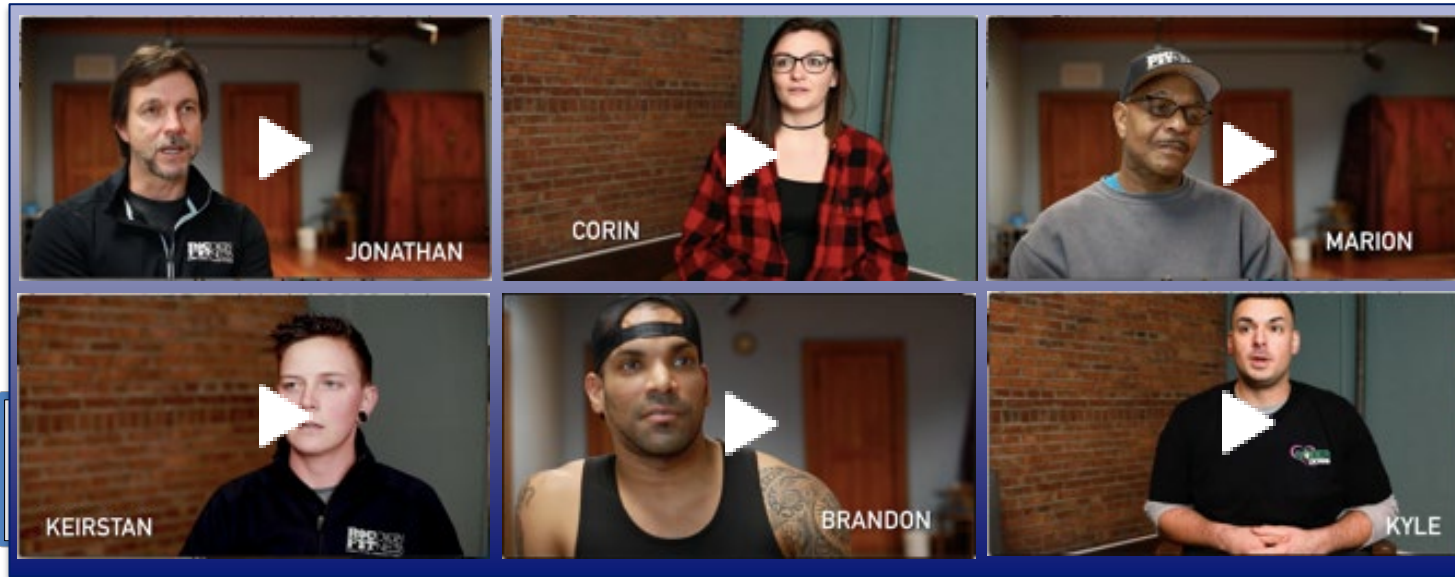
 Motivating, supportive videos



Instant
Text Msg



Intervention/
Referral Site

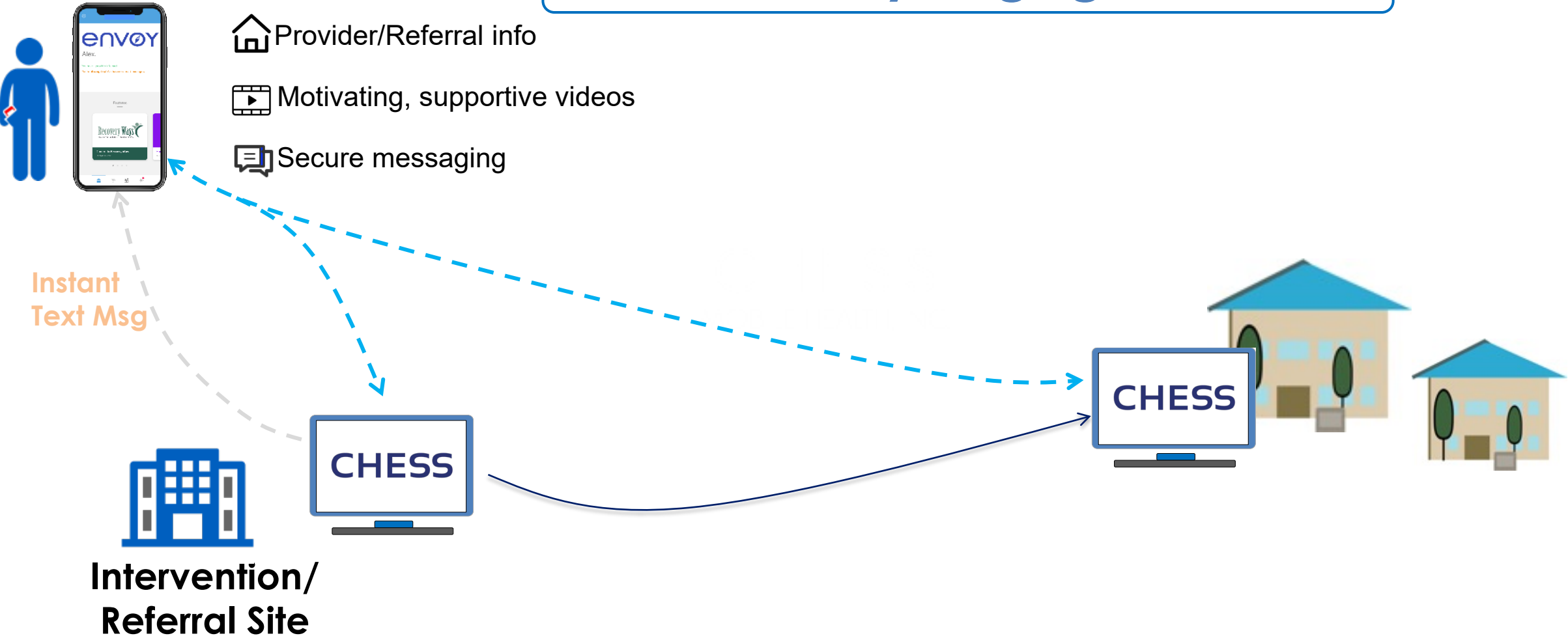


Relevant Consumer
videos display first



eIntervention

Referral Management Client/Family Engagement



Key Features



Easy referral process



Attachments

Entity-to-Entity chat

Great. Sending referral now

Open till 7pm today

How late are you open today?

Online entity-to-entity Chat



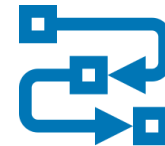
Secure messaging



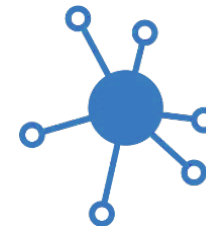
Robust Provider Finder



Send comments to receiver



Closed Loop Referral Status



Realtime Analytics



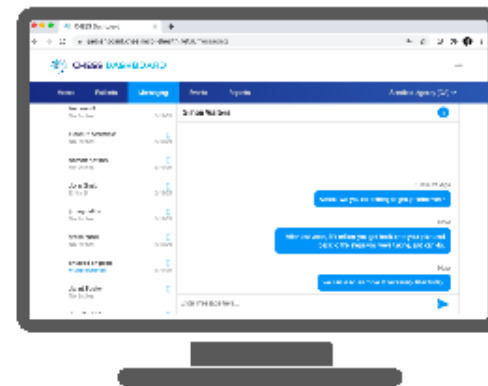
eRecovery

Client-facing app (Connections App) for individuals in treatment and following treatment to provide additional support for continued recovery combined with **Staff-facing platform (CHESS Dashboard)** to stay connected to patients and provide additional support

Connections App



CHESS DASHBOARD



Benefits and Value on Treatment & Recovery

Consumer
<ul style="list-style-type: none">• Maintain healthy, sober relationships• Achieve treatment plan goals• Receive education, motivation and support• Provide support to other individuals

Clinician
<ul style="list-style-type: none">• Provide person-centered care• Ability message/video to clients• Increase medication compliance• Ability to meet patient quota and decrease no show rate• Decrease patient phone calls

Peer Recovery Specialist
<ul style="list-style-type: none">• Improved access, connection, and engagement to individuals• Ability to message/video clients based on preference



Impact of Connections App on Treatment & Recovery

1. Patients love our **Connections App**, love the peer community it offers them, and **85%+** tell their providers and researchers that it improved their treatment
2. Using the app correlates with a **40-50% reduction in key relapse risk factors**
3. Using the app correlates with patients **staying in treatment 20%+ longer**, including **30-45% reductions** in early drop-out from Intensive Outpatient programs
4. Clinical trials by both Drs. Gustafson & Carroll, with 6-12 month follow-ups, found **30-50% greater abstinence** compared to the control group
5. Small clinical trial found major cost savings: patients whose treatment included eTherapy (digital CBT) had **8X less re-treatment costs** than counseling-only group



Our Solutions – Consumer Engagement and Care Transitions

Other App Features

- ✓ Sobriety tracking
- ✓ Appointment reminders
- ✓ Medication reminders
- ✓ Audio, video content
- ✓ Recovery help button
- ✓ Journaling
- ✓ Daily, weekly surveys
- ✓ And more!



Care Team(s)

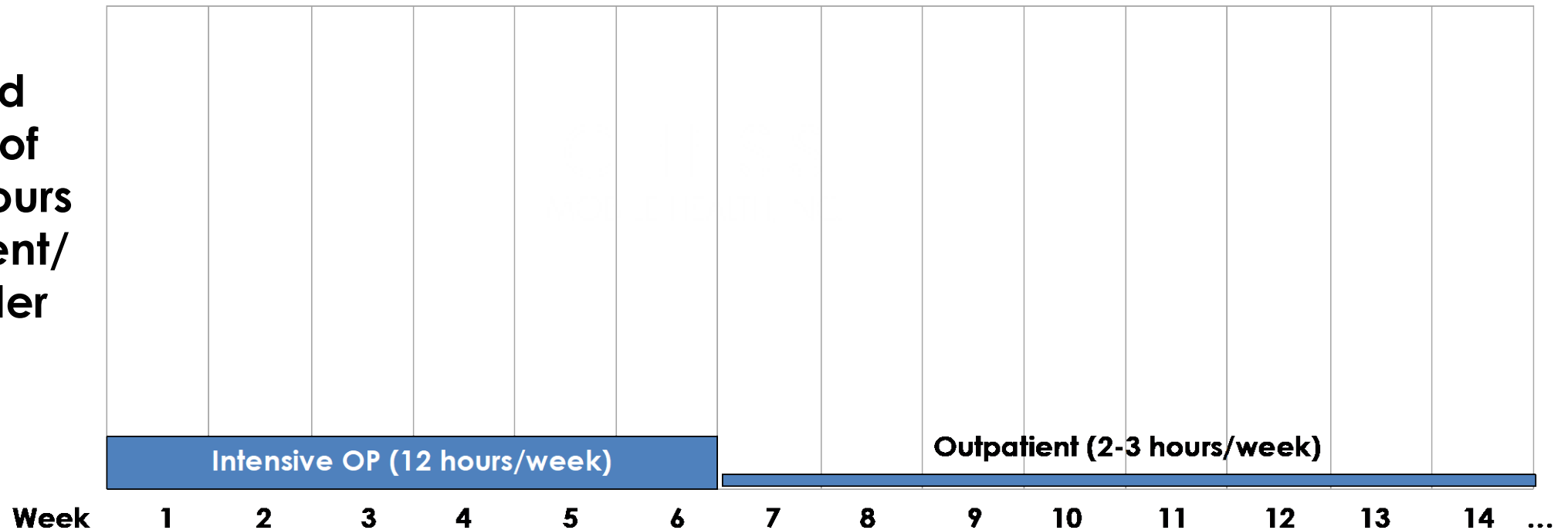
- 1:1 messaging
- Video calls
- Group discussions (“private groups”)
- Recovery tracking
- Send & track appts, reminders
- Push content
- Reports, analytics



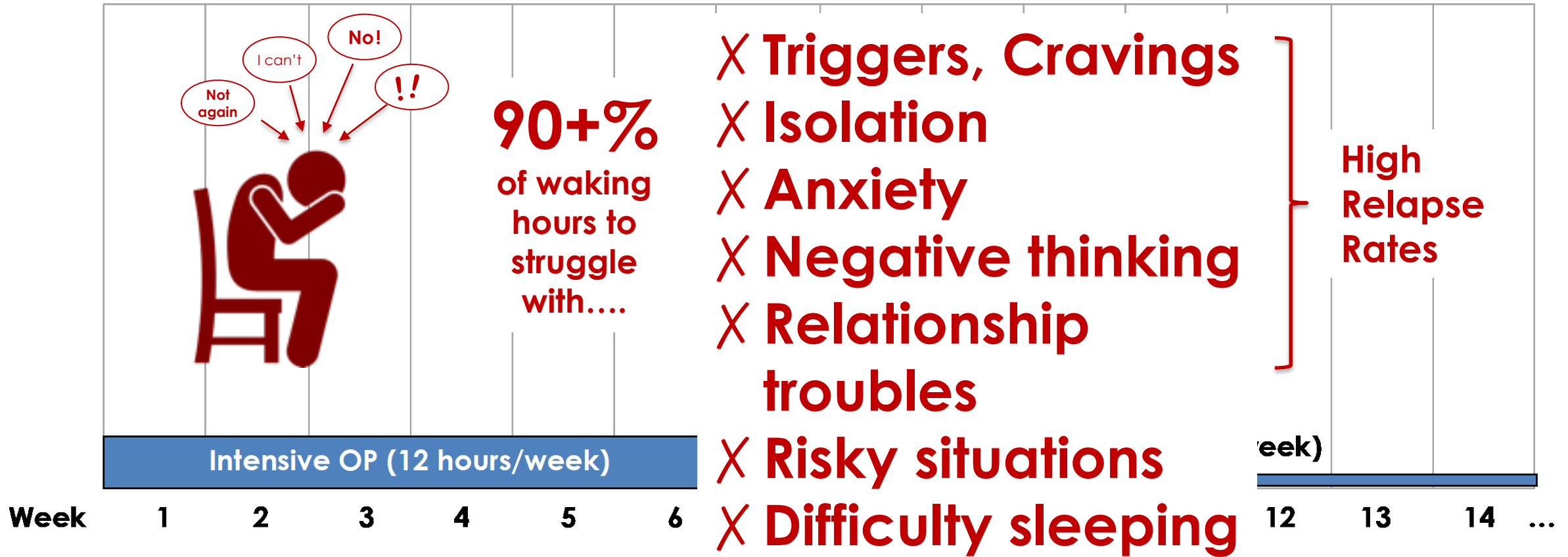
Relapse Prevention: In Early Recovery Individuals...

- 120-140 waking hours per week

...spend
small % of
waking hours
in treatment/
at provider



Relapse Prevention: In Early Recovery Individuals...



Connections App

- 24/7 recovery support
- Smartphone app + peer support + many great features
- Backed by CHESS' Peer Team
- Little to no effort by providers
- Results:
 - Patients build recovery capital
 - Stay in treatment 30% longer
 - Less likely to return to higher level of care/ ED visit/overdose

Three onboarding methods



Meet Our Engagement Team



Jeff Blackburn, *Certified Peer Recovery Support Specialist*, experienced with recovery from substance use disorder; Alcoholics Anonymous, and digital recovery.



Dwayne Blair, *Certified Peer Recovery Support Specialist*, experienced with recovery from substance use disorder; Alcoholics Anonymous, criminal justice system, long term treatment.



Zoey Blair, *Certified Peer Specialist in Mental Health*, lived experience with trauma, depression and anxiety; progressive coping and life skills.



Shane Dentinger, *Certified Peer Recovery Advocate*, experienced with recovery from opiates; Alcoholics Anonymous, and Medication Supported Recovery.



Will Erdman, *Recovery Coach Professional (RCP)*, Wilderness Advanced First Aid (WAFA), Invitation to Change Level 1 Facilitator, experienced with multiple pathways.



Mary Gribulis, *Certified Addiction Recovery Coach and Certified Peer Recovery Advocate*, experienced with recovery from alcohol and eating disorder; multiple holistic pathways.



Amber King, *Certified Peer Recovery Support Specialist*, experience with recovery from substance use disorder; long term treatment, multiple pathways, foundation in faith.



Keith Leff, *Certified Peer Mentor*, experienced with recovery from substance use disorder; Alcoholics Anonymous, Narcotics Anonymous, AL-ANON and Celebrate Recovery.



Austin Plagge, *National Certified Peer Recovery Support Specialist*, experienced with substance use disorder, collegiate recovery community, and multiple pathways.



Lee Schube, *Certified Peer Support Specialist*, experienced with recovery from substance use disorder, Narcotic Anonymous, and Medication Supported Recovery.



Connection With Peers Through Technology

Virtual Support Meetings

Support, community, connection
7 days a week



Crisis Response

24/7 crisis support, care navigation,
relapse prevention



Discussion Groups

Support when needed, tips for a
successful recovery, wellness
planning, motivation for growth,
resources, and more!

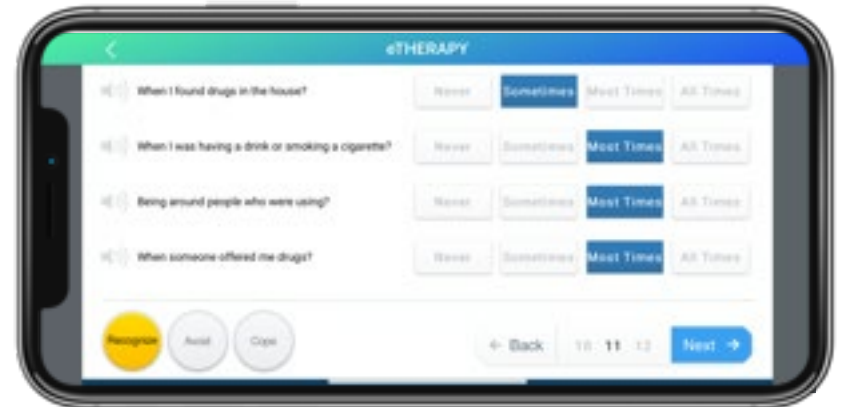
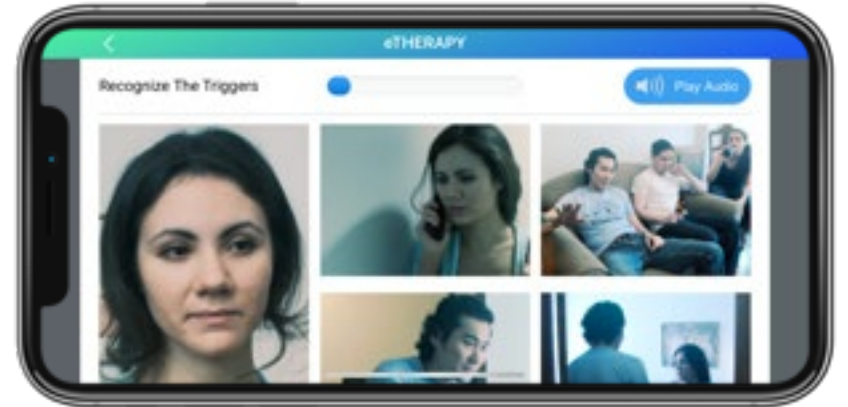
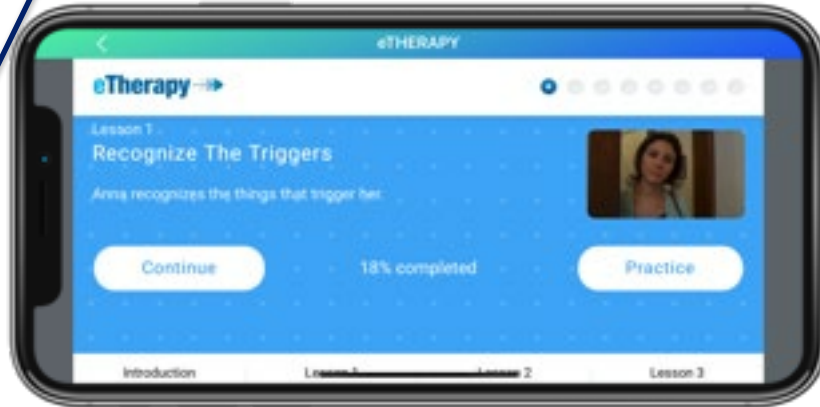
Mentorship and Support

Encouragement without judgment



eTherapy Overview

Teaches key coping skills (CBT) to succeed in recovery using engaging videos, instruction, exercises, & practice



Implementation

Initiate & Planning



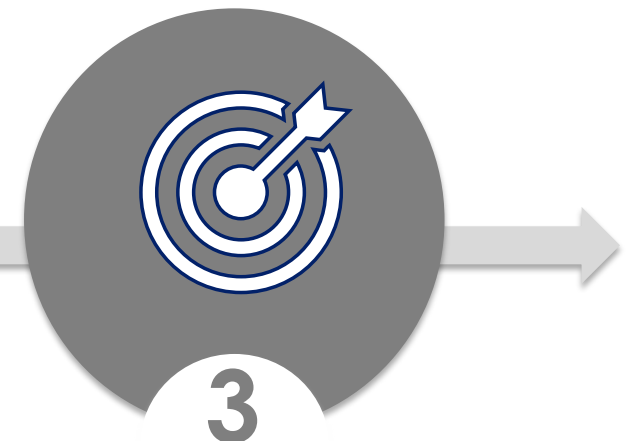
- *Planning Meeting*
 - *Resources, measurable goals & objectives, communication plan*
- *Kickoff Meeting*
 - *Current & future state workflows*
 - *Identify customer staff*

Executing



- *Signoff Workflow*
- *Build entity & staff*
- *Interactive Training & Go-Live*

Monitoring



- *Utilization Analysis & Reporting*
- *Monitor:*
 - *Weekly*
 - *Monthly*
 - *Quarterly*
- *Refresher training, as needed*







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Thank You for Attending!

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