



Southcentral Consortium for Overdose Prevention and Education in Oklahoma

Leading Rural Oklahoma to Improve Lives



Consortium Partner Spotlight:  
Lighthouse Behavioral Wellness Centers  
Oxford House



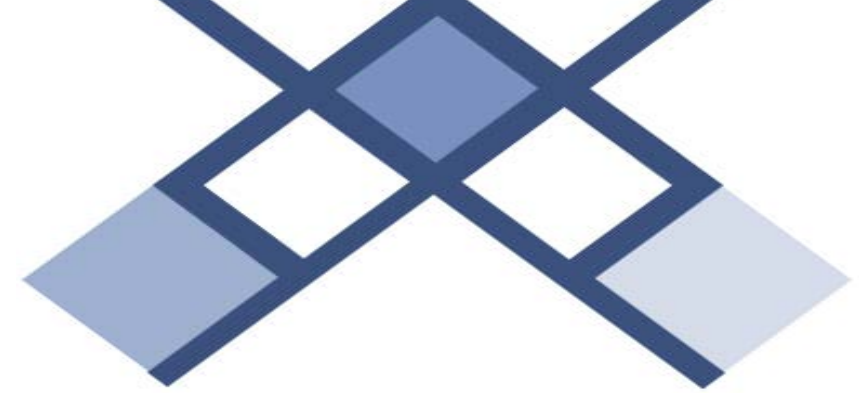
March 23, 2023



# What are RCORP and SCOPE-OK?

- **RCORP** is a \$298 million, multi-year grant initiative supported by Health Resources and Services Administration (HRSA) to address barriers to access in rural communities related to substance use disorder (SUD), particularly Opioid Use Disorder (OUD)
- The Southcentral Consortium for Overdose Prevention and Education in Oklahoma (**SCOPE-OK**) will work to address barriers to the prevention, treatment, and recovery of opioid and other substance disorders.

# SCOPE-OK Consortium



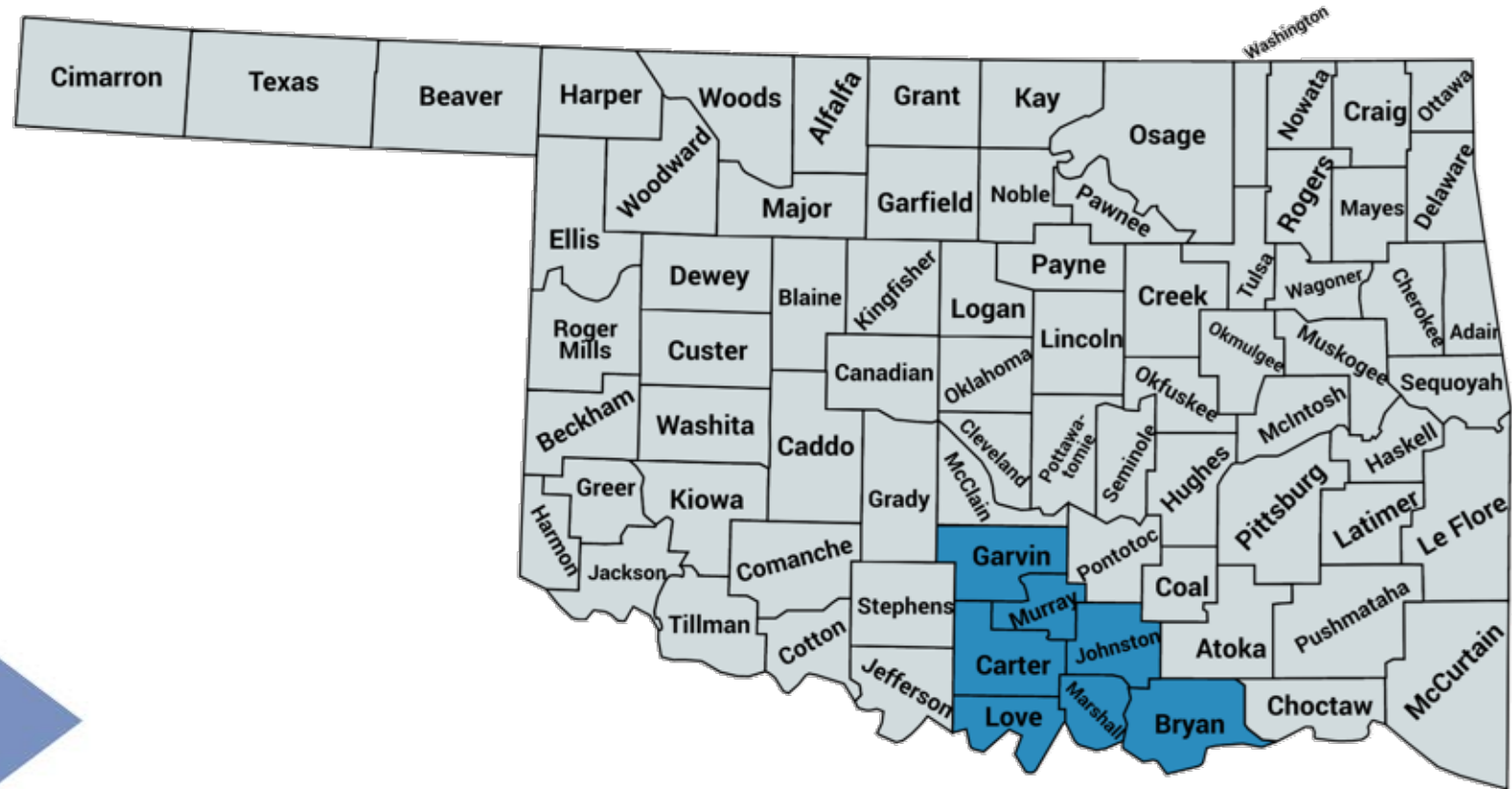
- **SCOPE-OK** meets the 2nd Month each quarter (February, May, August, November)– Ardmore Public Library 10 AM-12 PM
- Members include:
  - Groups focused on rural, preventative, and/or public health
  - Healthcare providers from all settings of care
  - Educators and school system representatives
  - Organizations involved with the prevention, treatment, and recovery of substance use
  - Persons directly impacted by substance use (persons in recovery, impacted family members, persons who use drugs, etc.)



# SCOPE-OK Service Area

- Targeting 7 counties in south central/ I-35 corridor region

- Bryan
- Carter
- Garvin
- Johnston
- Love
- Marshall
- Murray



# SCOPE-OK Can Help!



## Training

Our certified trainers can train anyone on naloxone use or stigma of substance use disorders.



## Community Collaboration

We can collaborate with your organization to work on your goals related to prevention, treatment, and recovery.



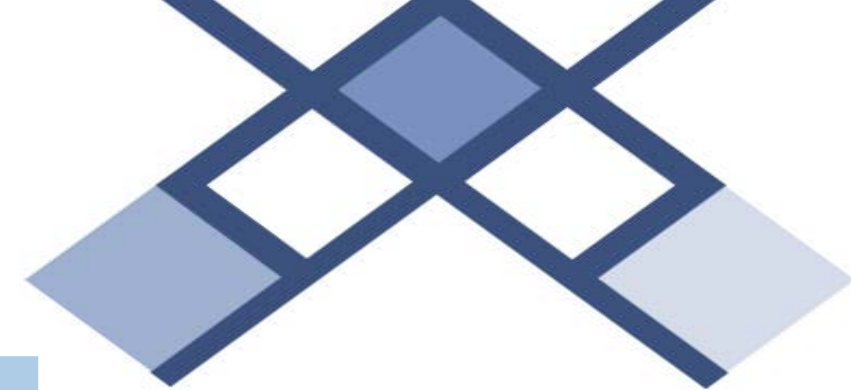
## Technical Assistance

Let us assist you in implementing or optimizing your technology to create better care coordination opportunities.



## Education Events

We host a variety of events focused on a variety of topics including sensitivity of results, prescribing guidelines, telehealth, value-based care models, and more .



Visit our website!  
[OFMQ.com/scope-ok](http://OFMQ.com/scope-ok)

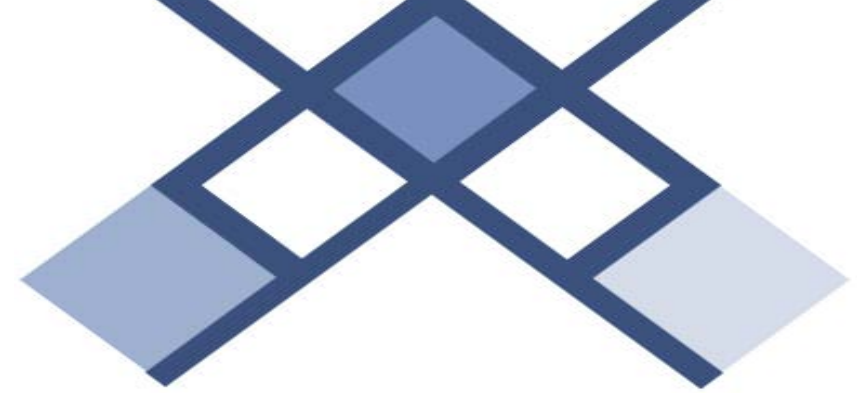


# SCOPE-OK Can Help!

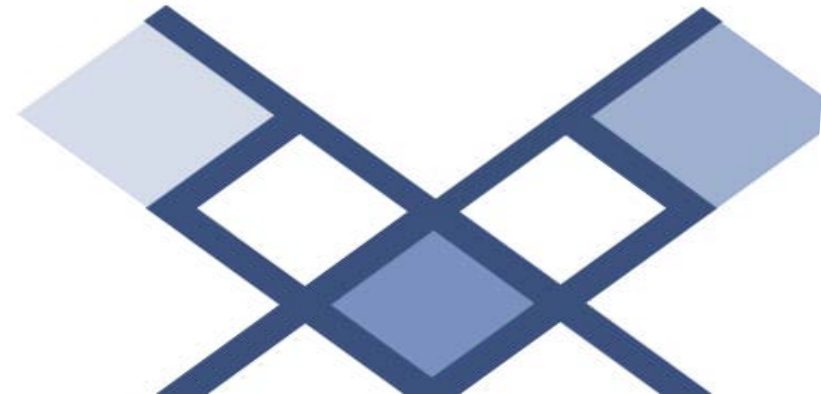


Visit our website!  
[OFMQ.com/scope-ok](http://OFMQ.com/scope-ok)

# We Are Measuring Stigma!



- SCOPE-OK is conducting a survey to measure stigma of substance use disorders in Oklahoma.
- Please fill out the below survey- it takes less than 5 minutes!
- All responses are completely anonymous
- <https://www.surveymonkey.com/r/stigmainOK>



# Jessica Pfau

## Chief Executive Officer

Jessica stepped into Lighthouse's CEO position in September, 2016. Prior to accepting this position, she served as the Executive Director of Ardmore Village, a nonprofit senior residential community in Ardmore. Jessica served as the Ardmore Village Executive Director for 12 years. Jessica has served on numerous local and state-wide boards over the years. Currently, she is a board member for the Arbuckle Boy Scouts of America. Jessica is a graduate of Leadership Oklahoma, Class XXVI and Leadership Ardmore, Class 13. She was a member of the Ardmore Rotary Club for over 10 years and is a Paul Harris Fellow. In 2013 and 2014, Jessica was named as one of the '50 Women Making a Difference in Oklahoma' by the Journal Record. She received a Juris Doctorate from Texas Tech University School of Law in 1993 and practiced law in Lubbock and Dallas, Texas for nearly a decade. She graduated from Florida State University in 1989 with a Bachelor's degree in Criminology and in 1990 with a Master's degree in Criminology.







.....

**Lighthouse Behavioral Wellness Centers:  
What's New in Oklahoma's Mental Health  
Care**

.....



# *LIGHTHOUSE*

Behavioral Wellness Centers

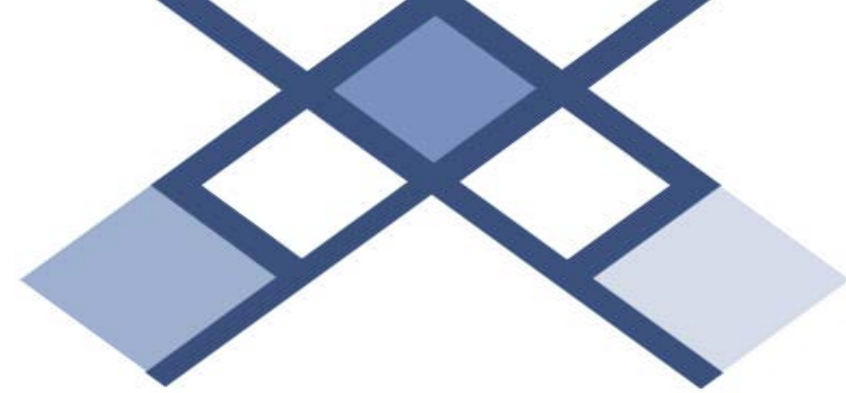
At Lighthouse, we believe with proper treatment, those experiencing a mental illness can lead full and rich lives. Our purpose is to empower those that live with mental illness, so that they may thrive. Lighthouse is the designated Community Mental Health Center for 9 counties in Southern Oklahoma ( Bryan, Carter, Garvin, Johnston, Love, Pontotoc, Marshall, Murray, and Seminole counties) with 6 outpatient clinics (Ada, Ardmore, Durant, Pauls Valley, Seminole, and Tishomingo). Lighthouse Behavioral Wellness Centers is your guiding light through life's toughest storms.

# Whitney Anderson

## Outreach Worker

Whitney Anderson is an Outreach Worker with Oxford House in Oklahoma and covers the southern region, which includes Bryan, Carter, Comanche and Pontotoc counties.

Whitney moved into Oxford House Broadlawn in July 2016 with a sobriety date of June 11, 2016. She believes in the Oxford House model and continues to stay to help others. Whitney is also a National Certified Peer Recovery Support Specialist.



# OXFORD HOUSE

Peer-Support Recovery with Proven Success

**Whitney Anderson**  
**Outreach Worker**  
**Southern Okla**



# Three Core Principles

## **Oxford House Inc. Charter Requirements:**

- Democratically ran
- Financially self-supporting
- Immediate expulsion for relapse

## **Also:**

- Gender specific
- Minimum of 6 adult beds
- Adherence to Oxford House Model, Traditions & Manual

# Origin

- The first Oxford House was opened in Silver Spring, MD in 1975.
- Since then Oxford House has expanded to:
  - 3000+ Houses
  - 20,000+ Beds
  - 48 States
- No one ever asked to leave without cause.
- Houses available to:
  - Men
  - Women
  - Women & Children
  - Men & Children

# Oklahoma Specific

- 137 houses in the State of Oklahoma
- 1,266 beds in the State of Oklahoma
- Houses in all major and most medium-sized cities
- Future Goal: More rural expansion

# HOUSES



Oxford House Will Rogers in Claremore, OK

- Large homes
- Nice neighborhoods
- Long-term leases
- Adequate parking
- Close to public transportation
- Close to employment
- Close to 12-step meetings



# MEMBERSHIP QUALIFICATIONS

## **ONE OF THE FOLLOWING IS REQUIRED:**

- Completion of in-patient treatment
- Completion of medical detoxification
- Re-entry from Department of Corrections
- Withdrawal-free sobriety

## **ALONG WITH:**

- Willingness to work a recovery program
- Ability to pay Equal Share Expenses
- Adherence of Oxford House Model and house guidelines

# VACANCY WEBSITE

www.oxfordvacancies.com

State: All County: All Gender: All Show Only Vacancies:

Search

Enter a location

House Name	Gender	City	House #	County	Contact	Contact #	Interviews	Capacity	Vacancies	Distance	Last Updated
11th Ave	W	Belmar	(732) 556-0566	Monmouth	Sarah	(856) 278-2124	Mon 8:30pm	8	1	Enter a location	06/14/2016 3:41PM
11th Street	M	Hickory	(828) 569-2149	Catawba	Dana	(727) 272-5112	Tue 9:30pm	8	1	Enter a location	06/14/2016 8:22PM
13th Ave	M	Belmar	(848) 404-9808	Monmouth	Keiran	(908) 202-5919	Mon 9:30pm	9	0	Enter a location	06/14/2016 4:02PM
16th Street	M	Sioux City	(712) 560-4134	Woodbury	Dan	(712) 251-7003	Sun 7:00pm	8	0	Enter a location	06/14/2016 3:58PM
45th Place	M	Washington	(202) 506-7754	District Of Columbia	Ed	(202) 717-5649	Tue 6:30pm	11	2	Enter a location	06/14/2016 5:51PM
4th Avenue	M	Asbury Park	(732) 988-0404	Monmouth	Jay	(732) 859-0868	Tue 6:30pm	8	0	Enter a location	06/09/2016 3:12PM
5th Avenue	WC	Brick	(732) 746-3264	Ocean	Heather	(240) 500-0948	Wed 9:00pm	11	0	Enter a location	06/14/2016 3:50PM
8th Street	W	Wilmington	(302) 575-9018	New Castle	Tamu	(302) 602-5454		8	2	Enter a location	06/14/2016 5:00PM

# BECOMING A MEMBER

- Fill out application (found at [www.oxfordvacancies.com](http://www.oxfordvacancies.com))
- Call a house to set-up an interview
- Show up on time for interview
- Be open and honest during interview
- Acceptance = 80% yes vote by members
- If accepted, new member may move in immediately

# MEMBERSHIP

## **These Members Do Well in Oxford House:**

- Opioid abuse history
- Co-occurring
- Veterans
- Drug Court Participants
- Re-entry from Incarceration
- Individuals the frequently return to use

# Oxford House Role in Opioid Epidemic

- Every house in the state has Narcan
- Every house in the state is trained to use Narcan
- Most houses accept MAR/MAT on a case to case bases
- If an MAR/MAT individual needs residency, please contact the Outreach for that area

# STRUCTURE

- Over 40 years of experience of what works
- Three core charter requirements
- Nine traditions to follow
- House manual
- Chapter support
- State Association support
- Alumni support
- Outreach support
- Oxford House World Services Support

# STRUCTURE

## **House Officers: (six month terms)**

- President
- Secretary
- Treasurer
- Comptroller
- Chore Coordinator
- Housing Services Rep.

# STRUCTURE

## **House Meeting**

- Weekly
- Parliamentary Procedure
- Democracy in action
- Financial decisions
- Contracts
- Majority Rules



# PRINCIPLES OF SUCCESS

- Recovery
- Responsibility
- Accountability
- Communication
- Unity/Fun

# BENEFITS

## **Members Receive:**

- 24/7 peer support
- Accountability
- Responsibility
- Safety
- Stability
- Greater chance of success
- Self Efficacy

# DATA COLLECTION

## **National Research:**

- DePaul University studies funded by NIDA and NIAAAA
- <http://www.oxfordhouse.org/userfiles/file/DePaul.php>

## **Oklahoma Research:**

- State Evaluations 2007, 2009, 2011, 2014
- <http://www.oxfordhouse.org/userfiles/file/evaluations.php>
- Ongoing monthly reports

# STATISTICS

## **DePaul NIAAA Study:**

- 897 Oxford House residents interviewed every four months for two years.
- 13.5% had relapsed
- Income increased from \$794 to \$942 per month
- 80% employed
- Less than 5% incarceration

Jason, Davis, Ferrari, & Anderson (2007)

# SAMHSA SUPPORT

The logo for NREPP features the letters 'NREPP' in a large, blue, serif font. The letters are set against a light green, stylized background that resembles a landscape with rolling hills. The 'N' and 'R' are partially obscured by the green shapes.

NREPP

SAMHSA's National Registry of  
Evidence-based Programs and Practices

# TO SUM IT ALL UP

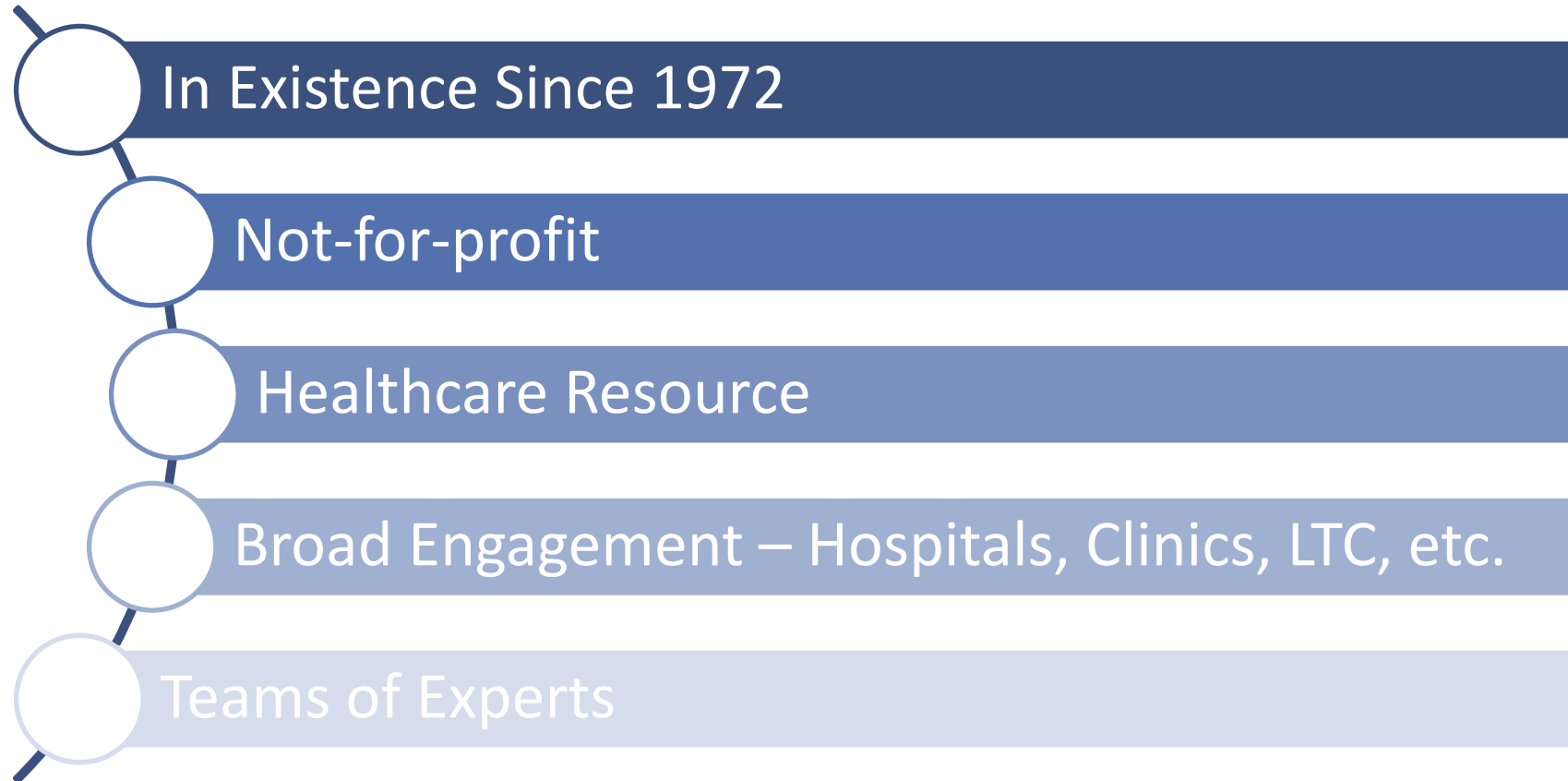
- Oxford House gives alcoholics and addicts from all backgrounds the best chance at long-term recovery.
- Oxford House saves millions of tax dollars.
- Oxford Houses expansion is possible in periods of both good and poor economics.
- Over 45 years of experience and backed by the federal government as a best program and practice.

# Mission of OFMQ

OFMQ is a not-for-profit, consulting company dedicated to advancing healthcare quality. Since 1972, we've been a trusted resource through collaborative partnerships and hands-on support to healthcare communities.



# Our Organization





# Our Experience

QIO- 45 Years



Regional Extension Center- 6 Years



Hospital Quality Measures- 16 Years



Analytics for Quality Programs- 23 Years



Value Based Payment Programs-11 years



Case Review- 47 Years



HIPAA Solution- 8 Years



Long-Term Care Quality Improvement- 20 years



# Our Difference





# HEALTH INFORMATION TECHNOLOGY (HIT)

# HIT Quality Improvement

## Quality Improvement Expertise

- Care Transitions and Referral Management
- Opioid Misuse and Reduction
- Diabetes Prevention Program
- Public Health Emergencies
  - Registry Connections
  - Reporting Requirements and Guidance
  - COVID 19 Educational Training and Testing Implementation
- Dementia Care
- Chronic Disease Management
- Food Insecurity
- Project ECHO

# HIT Quality Improvement

## Ambulatory Value-based Care Consulting

- Accountable Care Organizations
- Merit-based Incentive Payment System
- Patient Centered Medical Home

## Hospital Reporting

- The Joint Commission
- Inpatient Quality Reporting
- Outpatient Quality Reporting
- Promoting Interoperability

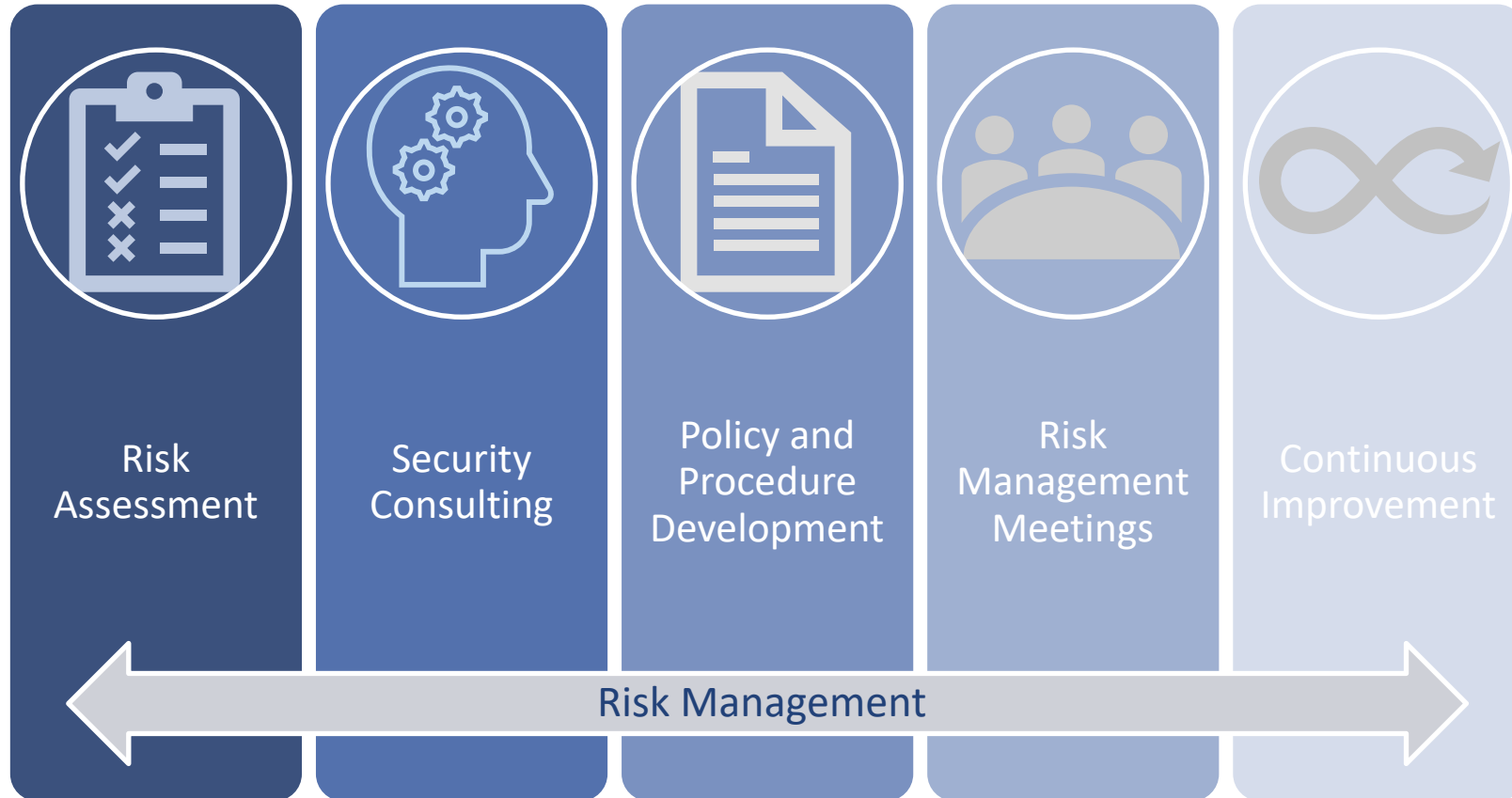
## Long-Term Care

- Quality Improvement



# RISK MANAGEMENT & SECURITY SERVICES

# Risk Management Overview



# INFOSEC IQ

## Educate & empower employees

### Educate and engage your workforce

- Deliver memorable campaigns with industry-leading content & assessments
- 350+ training modules in 34+ languages

### Inspire better cybersecurity habits

- Educate year-round and serve in-the-moment training for employees who need it most
- 1000+ phishing simulation templates with multiple attack types

### Reduce security incidents

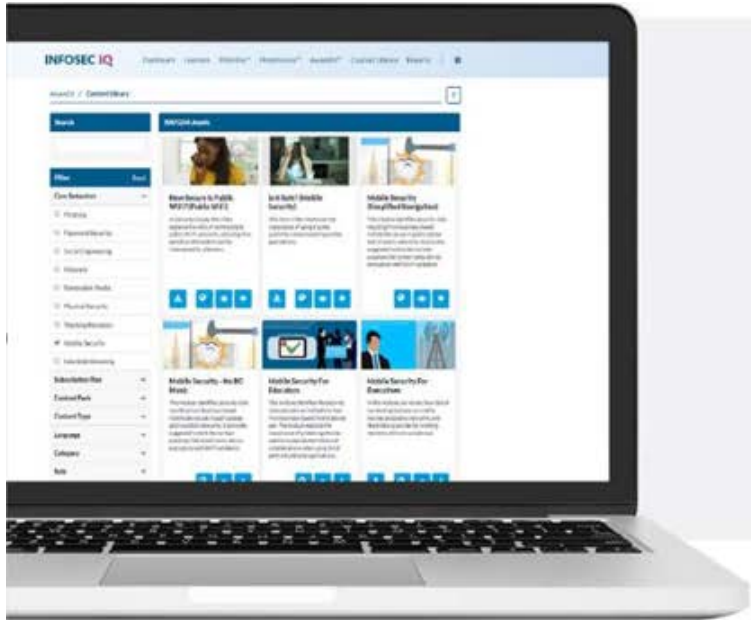
- Avoid attacks and quickly respond to employee-reported events
- Automated reporting button, reports and analytics

### Build a culture of security

- Go beyond awareness with a culture built to keep your organization secure
- Program resources — posters, infographics, kits and more







# Stay compliant with training aligned with NIST guidelines

Fortify your security awareness curriculum with compliance and industry-based training. Each training module is mapped to one of nine core security behaviors derived from the NIST security awareness and training guidelines to help guide your curriculum.



Phishing



Working remotely



Password security



Social engineering



Safe web browsing



Malware



Physical security



Mobile security



Removable media

# RCORP Resources For You

- The RCORP-TA portal is publicly available and has information about programs, grantees, and various trainings and resources available.
- <https://www.rcorp-ta.org/>

The screenshot shows the RCORP-TA Resource Portal website. The header includes the RCORP-TA logo (RURAL COMMUNITIES OPIOID RESPONSE PROGRAM - TECHNICAL ASSISTANCE) and a search bar. Navigation links include Event Calendar, About, Contact Us, Home, Trainings and Resources, Grantees, Cohort Resources, Request TA, Funding, and LMS. The main content area features a 'Welcome to the RCORP-TA Resource Portal!' section with a description of the program and its goals. Below this, there are sections for 'Resources of Interest' (listing COVID-19, Stigma, and Sustainability) and 'Upcoming Events' (listing 'ED Initiated Buprenorphine for Opioid Use Disorder Webinar' and 'Outcomes Driven MOUD, Part II: Stabilization and Retention'). A 'Download the latest RCORP-TA Newsletter' section is also visible, showing the September 2021 issue (724.68 KB) and a link to 'View past issues'.



.....  
**Thank You**  
**for Attending!**  
.....

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,000,000 with zero percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov).