

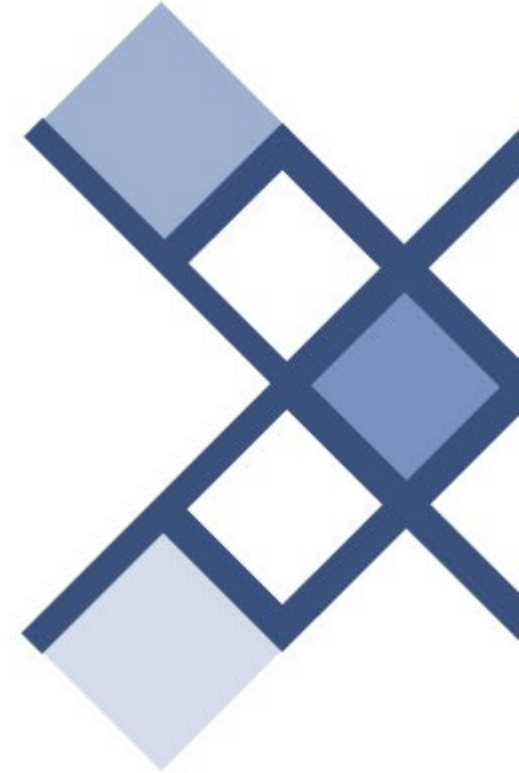


Southcentral Consortium for Overdose Prevention and Education in Oklahoma

Leading Rural Oklahoma to Improve Lives

.....
Suicide Prevention
Creating a Safety Net for
Oklahomans
.....

February 22, 2024

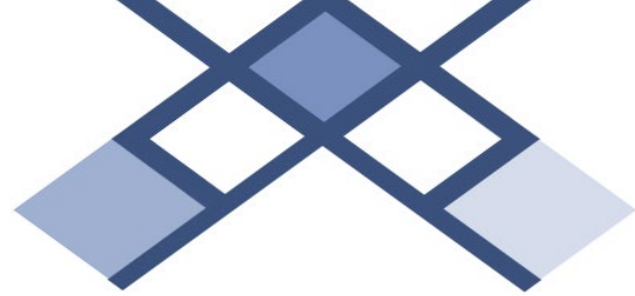


What are RCORP and SCOPE-OK?



- The Rural Communities Opioid Response Program (**RCORP**) is a \$298 million, multi-year grant initiative supported by Health Resources and Services Administration (HRSA) to address barriers to access in rural communities related to substance use disorder (SUD), particularly Opioid Use Disorder (OUD)
- The Southcentral Consortium for Overdose Prevention and Education in Oklahoma (**SCOPE-OK**) will work to address barriers to the prevention, treatment, and recovery of opioid and other substance disorders.

SCOPE-OK Consortium

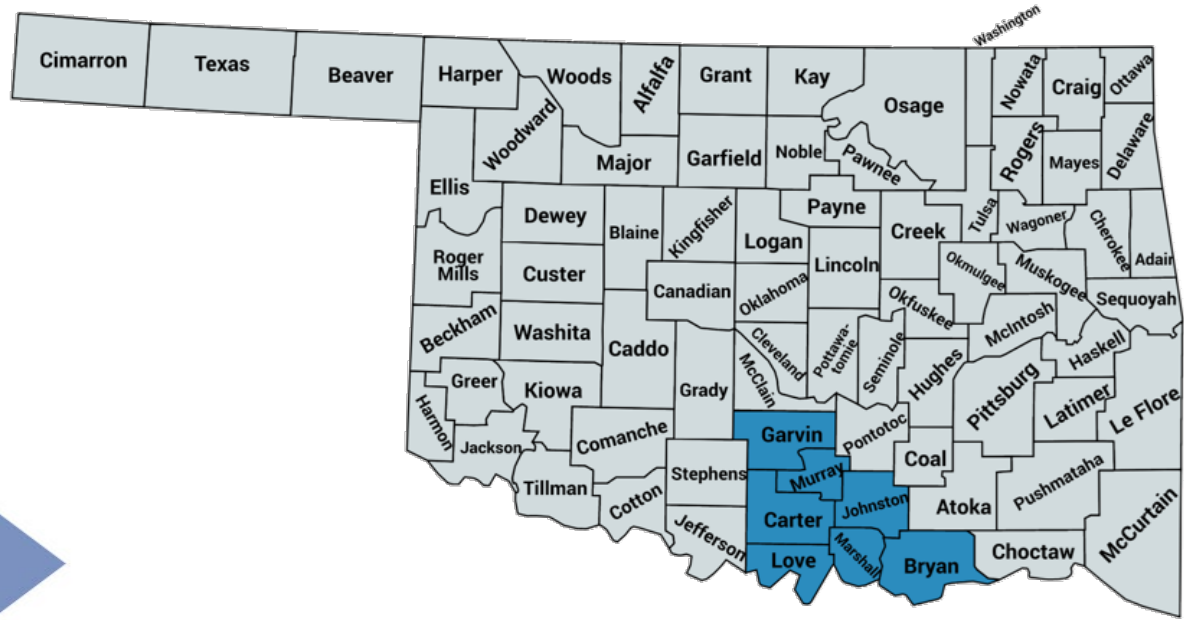


- **SCOPE-OK** meets the 2nd Month each quarter (February, May, August, November)– Ardmore Public Library 10 AM-12 PM
- Members include:
 - Groups focused on rural, preventative, and/or public health
 - Healthcare providers from all settings of care
 - Educators and school system representatives
 - Organizations involved with the prevention, treatment, and recovery of substance use
 - Persons directly impacted by substance use (persons in recovery, impacted family members, persons who use drugs, etc.)



SCOPE-OK Service Area

- Targeting 7 counties in south central/ I-35 corridor region
 - Bryan
 - Carter
 - Garvin
 - Johnston
 - Love
 - Marshall
 - Murray



SCOPE-OK Can Help!



Training

Our certified trainers can train anyone on naloxone use or stigma of substance use disorders.



Community Collaboration

We can collaborate with your organization to work on your goals related to prevention, treatment, and recovery.



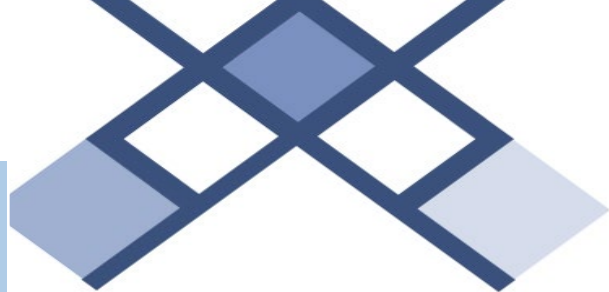
Technical Assistance

Let us assist you in implementing or optimizing your technology to create better care coordination opportunities.



Education Events

We host a variety of events focused on a variety of topics including sensitivity of results, prescribing guidelines, telehealth, value-based care



Visit our website!
[OFMQ.com/scope-ok](https://ofmq.com/scope-ok)



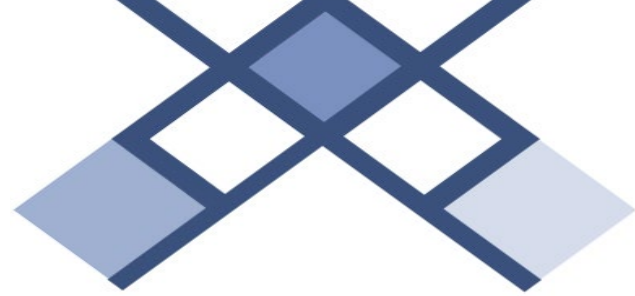
SCOPE-OK Can Help!



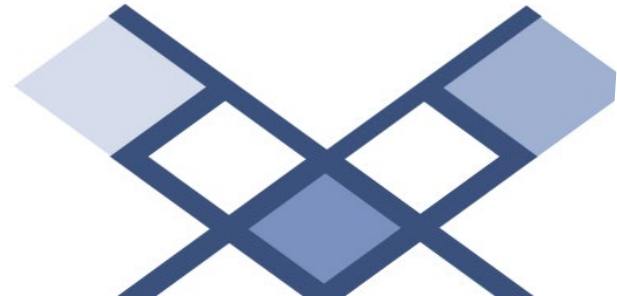
Visit our website!
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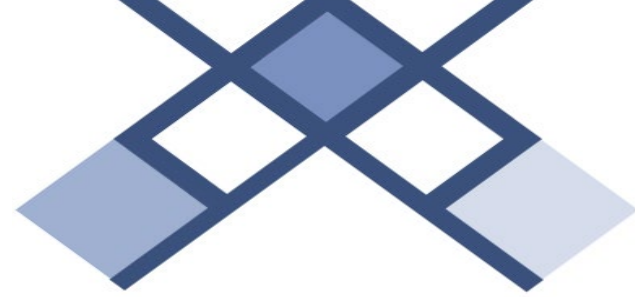
We Are Measuring Stigma!



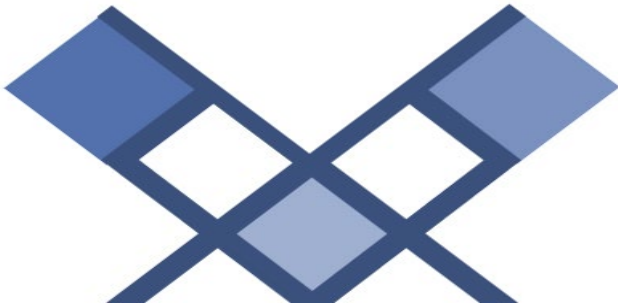
- SCOPE-OK is conducting a survey to measure stigma of substance use disorders in Oklahoma.
- Please fill out the below survey- it takes less than 5 minutes!
- All responses are completely anonymous
- <https://www.surveymonkey.com/r/stigmainOK>



Meg Cannon Prevention Program Manager Office of Suicide Prevention



Meg currently serves as a Senior Prevention Program Manager for the Oklahoma Department of Mental Health and Substance Abuse Services. Meg and her team are responsible for all school-based prevention services across the state, including grades K-12 and within colleges and universities. A Sunflower at heart, she earned degrees in English and communication from Emporia State University in Kansas. Meg and Jason, along with Sally and Stanley, the world's two best rescue dogs, make their home in Edmond.





.....
Suicide Prevention
Creating a Safety Net for
Oklahomans
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SUICIDE PREVENTION

Creating a Safety Net for Oklahomans

Meg Cannon, Senior Prevention Program Manager

ODMHSAS

February 22, 2024

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MENTAL
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AGENDA

- Let's talk about mental health
- Why is suicide prevention important?
- How do you play a role in suicide prevention?
- We can help you help others!
- What's next?
- 988 Oklahoma
- 30-Day Commitment

MENTAL HEALTH AND SUICIDE PREVENTION

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WHY IS PREVENTION SO IMPORTANT @ SCHOOL?

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IT'S TIME

- Hours in a year – **8,760**
- Sleeping – **3,468 hours**
- School – **1,080 hours**
- Everything else – **4,212 hours**

UNIQUELY POSITIONED

- Trusted adults outside of the home
- See a different side than families may see
- Maintain a safe school environment
- Mental health can impact student performance
- Suicide will impact the entire school community

OKLAHOMA'S MANDATES AND EXPECTATIONS

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KOGNITO AT-RISK PK-12



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ACT ON FACTS



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TALK SAVES LIVES



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PREVENTION FOR LITTLES

AGES 3 AND OLDER

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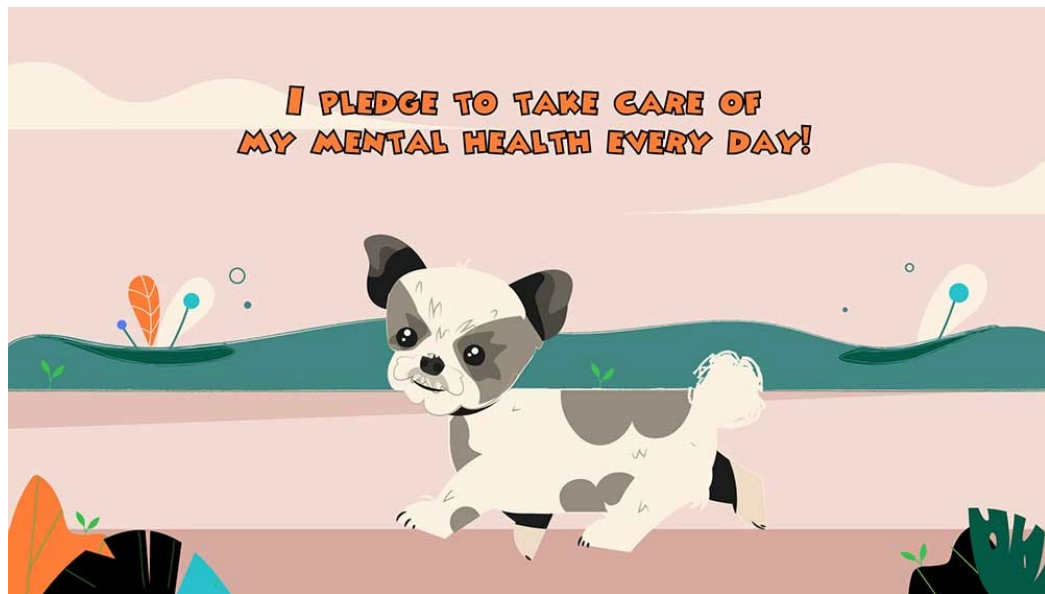
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GIZMO'S PAWESOME GUIDE



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OTHER WAYS WE OFFER SUICIDE PREVENTION

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WHY IS MENTAL HEALTH IMPORTANT @ WORK?

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TOP INDUSTRIES AT RISK FOR SUICIDE

- 1 Mining, Quarrying, & Oil/Gas Extraction – **54.2**
- 2 Construction – **45.3**
- 3 Other Services – **39.1**
- 4 Agriculture, Forestry, Fishing, Hunting – **36.1**

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TOP INDUSTRIES AT RISK FOR SUICIDE

5 Transportation and Warehousing – **29.8**

6 Arts, Entertainment, Recreation – **27.4**

7 Utilities – **26.3**

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TOP INDUSTRIES AT RISK FOR SUICIDE

- 8 Administrative/Support and Waste Management Services – **25.9**
- 9 Manufacturing – **23.6**
- 10 Public Administration – **23.1**

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ARE YOU OK?

SUICIDE PREVENTION @ WORK

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ARE YOU OK?

[HTTPS://OKLAHOMA.GOV/ODMHSAS/TRAININGS/TRAINING-INSTITUTE/ARE-YOU-OK.HTML](https://oklahoma.gov/odmhsas/trainings/training-institute/are-you-ok.html)



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WHAT IS 988?

988 is a direct, three-digit lifeline that connects you with trained behavioral health professionals that can get all Oklahomans the help they need.

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THE PURPOSE OF 988

Provide a comprehensive crisis response continuum that **enhances services Oklahomans receive when experiencing a psychiatric emergency.**

THE GOAL OF 988

Oklahoma's Comprehensive Crisis Response Continuum is an evidence-based approach to helping us reach the goal of **meeting people where they're at, when they need it most.**

HOW 988 WILL IMPACT OKLAHOMANS

CURRENT STATE OF CRISIS

5.2% of adults in Oklahoma had serious thoughts of suicide in the past year.

1 in 10 students reporting attempting suicide in the past 12 months.

Each week, approximately 300 Oklahomans are admitted for urgent care or crisis mental health services.

- ODMHSAS has built a system to address the needs of Oklahomans when experiencing a psychiatric emergency.
- The **COMPREHENSIVE CRISIS RESPONSE** system is funded by multiple sources to include state, federal and reimbursement.
- This system is leveraging existing pieces in the community and follows national standards and best practices.

TALK TO SOMEONE WHO CAN HELP

When you call 988, you're immediately connected with a mental health professional – *not* law enforcement. Your conversation is confidential and totally free. And they'll connect you with whatever you need next.

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CALL
OR
TEXT **988** MENTAL
HEALTH
LIFELINE

WHAT TO EXPECT

Calls/texts are answered quickly by a real person

We will ask for name, birthdate, and phone number

We will also ask if you are thinking about suicide or harming anyone else

You can remain anonymous

Information provided is private and confidential

Don't wait until the situation becomes a crisis, call for help so we can help prevent a crisis

You can call as a third party to get information or resources for another person

HOW'S IT GOING?

30-DAY CALL VOLUME: 5,604

98.5% ANSWER RATE

12 SECONDS SPEED TO ANSWER

5,582 CALLS - JANUARY

89% STABILIZATION RATE

67% SELF REFERRALS

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REASONS FOR CALLING

- Coordination of Care – 29%
- Self-Harm/Suicidal – 17%
- Depression – 13%
- Social Concerns – 10%
- Anxiety – 10%
- Follow-Up – 7%
- Psychosis – 7%
- Substance Abuse – 2%
- Aggression – 2%
- Housing – 1%

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30-DAY COMMITMENT

WHAT WILL YOU DO TO HELP PREVENT SUICIDE – AT WORK, AT HOME, OR IN YOUR COMMUNITY?

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MEG CANNON

ODMHSAS

SUICIDE PREVENTION PROGRAM MANAGER

MEGAN.CANNON@ODMHSAS.ORG

405-538-5527 - CALL/TEXT

QUESTIONS?

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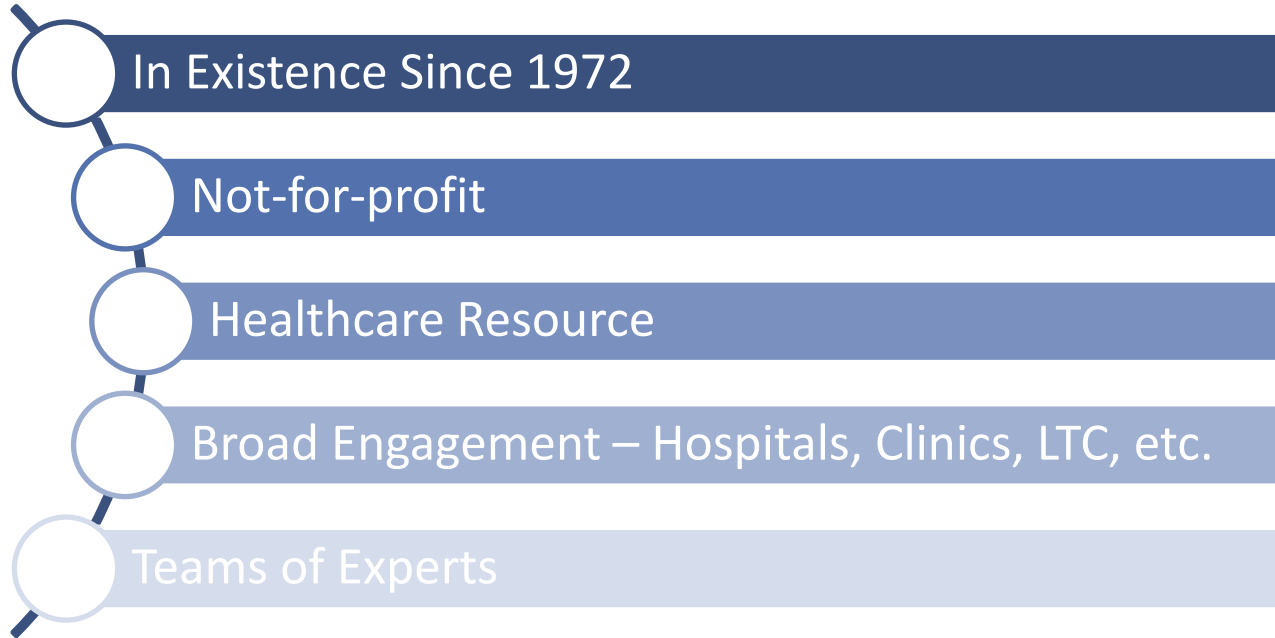
**MENTAL
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LIFELINE**

Mission of OFMQ

OFMQ is a not-for-profit, consulting company dedicated to advancing healthcare quality. Since 1972, we've been a trusted resource through collaborative partnerships and hands-on support to healthcare communities.



Our Organization



Our Experience

QIO- 45 Years



Regional Extension Center- 6 Years



Hospital Quality Measures- 16 Years



Analytics for Quality Programs- 23 Years



Value Based Payment Programs-11 years



Case Review- 47 Years



HIPAA Solution- 8 Years



Long-Term Care Quality Improvement- 20 years



Our Difference





HEALTH INFORMATION TECHNOLOGY (HIT)

HIT Quality Improvement

Quality Improvement Expertise

- Care Transitions and Referral Management
- Opioid Misuse and Reduction
- Diabetes Prevention Program
- Public Health Emergencies
 - Registry Connections
 - Reporting Requirements and Guidance
 - COVID 19 Educational Training and Testing Implementation
- Dementia Care
- Chronic Disease Management
- Food Insecurity
- Project ECHO

HIT Quality Improvement

Ambulatory Value-based Care Consulting

- Accountable Care Organizations
- Merit-based Incentive Payment System
- Patient Centered Medical Home

Hospital Reporting

- The Joint Commission
- Inpatient Quality Reporting
- Outpatient Quality Reporting
- Promoting Interoperability

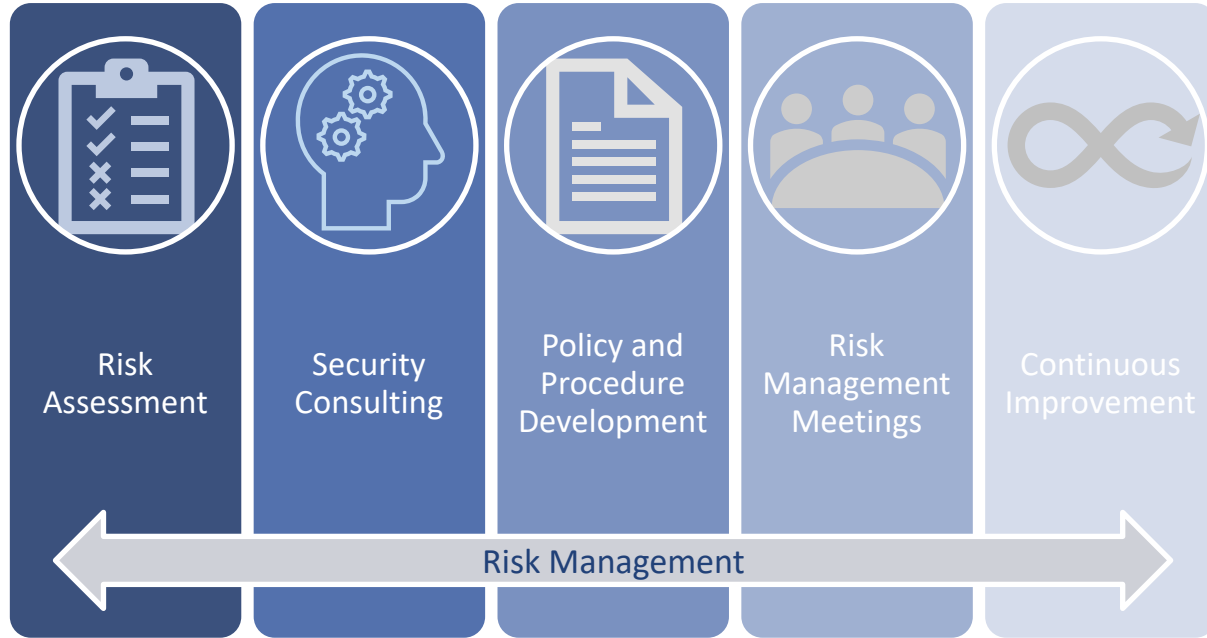
Long-Term Care

- Quality Improvement



RISK MANAGEMENT & SECURITY SERVICES

Risk Management Overview



INFOSEC IQ

Educate & empower employees

Educate and engage your workforce

- Deliver memorable campaigns with industry-leading content & assessments
- 350+ training modules in 34+ languages

Inspire better cybersecurity habits

- Educate year-round and serve in-the-moment training for employees who need it most
- 1000+ phishing simulation templates with multiple attack types

Reduce security incidents

- Avoid attacks and quickly respond to employee-reported events
- Automated reporting button, reports and analytics

Build a culture of security

- Go beyond awareness with a culture built to keep your organization secure
- Program resources — posters, infographics, kits and more



RCORP Resources For You

- The RCORP-TA portal is publicly available and has information about programs, grantees, and various trainings and resources available.
- <https://www.rcorp-ta.org/>



The screenshot shows the RCORP-TA Resource Portal website. The header includes the RCORP-TA logo, a site search bar, and navigation links for Event Calendar, About, and Contact Us. A secondary navigation bar lists Home, Trainings and Resources, Grantees, Cohort Resources, Request TA, Funding, and LMS. The main content area features a welcome message, a description of the Rural Communities Opioid Response Program (RCORP), and a link to request technical assistance. There are also sections for 'Upcoming Events' and 'Resources of Interest'.

RCORP-TA
RURAL COMMUNITIES OPIOID RESPONSE PROGRAM - TECHNICAL ASSISTANCE

SITE SEARCH

Event Calendar | About | Contact Us

Home | Trainings and Resources | Grantees | Cohort Resources | Request TA | Funding | LMS

Welcome to the RCORP-TA Resource Portal!

The Rural Communities Opioid Response Program (RCORP) is a multi-year initiative by the Health Resources and Services Administration (HRSA) aimed at reducing the morbidity and mortality of substance use disorder (SUD), including opioid use disorder (OUD), in rural communities at the highest risk for SUD.

This portal allows grantees to request technical assistance, find nearby grantees or grantees with a similar focus and access a repository of resources tailored to support RCORP Grantees.

Upcoming Events

ED Initiated Buprenorphine for Opioid Use Disorder Webinar
September 30, 2021
3:00-4:00 pm EDT

Outcomes Driven MOUD, Part II: Stabilization and Retention
October 5, 2021
2:00-3:00 pm EDT

[View more events](#)

Resources of Interest

COVID-19
Stigma
Sustainability

Download the latest RCORP-TA Newsletter

September 2021
(724.68 KB)

[View past issues](#)



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Thank You
for Attending!
.....

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,000,000 with zero percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov).