

MOMENTUM

A Monthly Publication Produced by OFMQ
Oklahoma's trusted resource for improving your EHR & Health IT Experience



A banner for the CMS Quality Payment Program. The top part features the CMS logo (Centers for Medicare & Medicaid Services) in white on a blue background. Below this, the text 'Quality Payment PROGRAM' is displayed in white on a teal background. To the right of the text is a photograph of an elderly woman in a yellow shirt talking to a female doctor in a white lab coat.

2021 MIPS Final Score Preview Now Available

CMS has opened the Final Score Preview period for the Merit-based Incentive Payment System (MIPS). Authorized representatives of practices, virtual groups, and Alternative Payment Model (APM) Entities can now [sign into the Quality Payment Program \(QPP\) website](#) to preview 2021 MIPS final scores. The MIPS Final Score Preview period is available until final performance feedback, including payment adjustments, is released in August 2022.



The purpose of this MIPS Final Score Preview period is to provide more transparent communication and improve the feedback process based on experiences from prior performance years. We want to make sure your final scores are as accurate as possible and that we identify any potential issues before we calculate payment adjustments.

Healthcare IT News

Epic will sign on with TEFCA



On June 16, 2022, **Epic announced that it will join the Trusted Exchange Framework and Common Agreement**, and that when the application process opens later this year it will apply to connect to TEFCA as an inaugural Qualified Health Information Network.

WHY IT MATTERS

The Verona, Wisconsin-based **health IT colossus** says **joining the new information exchange network will enable its vast cross-section of provider customers to broaden and streamline interoperability nationwide**, helping "ensure that all people benefit from complete, longitudinal health records wherever they receive care."

Epic says it worked with the Office of the National Coordinator for Health IT, along with TEFCA's recognized coordinating entity, the Sequoia Project, on the project, and **plans to collaborate with the other healthcare organizations around the country to "build consensus around the principles and procedures of TEFCA."**

The company's data exchange footprint across its own provider base today is large, with customers in its Care Everywhere network **exchanging more than 10 million patient charts every day** – half of them with organizations that use different IT systems, according to Epic. The majority of these provider clients also share data through the Carequality framework, which includes about 70% of U.S. hospitals.

Find the full article [here](#).



Learn More about the Program Scoring Methodology for 2022



Eligible hospitals and CAHs are required to report certain measures from each of the four scored objectives, with performance-based scoring occurring at the individual measure-level. Each measure is scored based on the eligible hospital or CAH's performance for that measure, except for the Query of Prescription Drug Monitoring Program (PDMP) bonus measure, the Engagement in Bi-Directional Exchange Through Health Information Exchange measure, and the measures associated with the Public Health and Clinical Data Exchange objective, which require a Yes/No attestation.

The scores for each of the individual measures are added together to calculate the total Medicare Promoting Interoperability Program score of up to 100 possible points for reporting year 2022. A total score of 60 points or more will satisfy the requirement to report on the objectives and measures of meaningful use, which is one of the requirements for an eligible hospital or CAH to be considered a meaningful EHR user and avoid a downward payment adjustment.

Which Objectives are Hospitals Required to Report on and What are the Maximum Points Available for Each?

- Electronic Prescribing (10 points)
 - Bonus: Query of PDMP measure (10 bonus points)
- Health Information Exchange (40 points)
- Provider to Patient Exchange (40 points)
- Public Health and Clinical Data Exchange (10 points)
 - Bonus: Public Health Registry Reporting OR Clinical Data Registry Reporting measures (5 bonus points)

To learn more about the scoring and additional reporting requirements for 2022, review the [Scoring Methodology Fact Sheet](#). For more information on the Medicare Promoting Interoperability Program, please visit the [Promoting Interoperability Programs website](#).

National Suicide Prevention Lifeline Number Change



On July 16, 2022, the National Suicide Prevention Lifeline (1-800-273-8255) will transition to an easy-to-remember, 3-digit number (**988**). This represents an opportunity to strengthen the existing network of over 200 locally operated and funded crisis centers across the country. In advance of the 988 transition in July, the Lifeline suicide & crisis network is looking to bring on new volunteers and paid employees to answer calls, chats, and texts from people in crisis.

- All employees and volunteers receive training, so if you or your networks are interested, you can apply [here](#).
- Read more about 988 [here](#).

Maternal Mental Health Hotline

HRSA recently launched their free Maternal Mental Health Hotline, providing pregnant women and new moms a safe, confidential space to get help with maternal depression and other mental health needs.

You can call or text **1-833-9-HELP4MOMS**.

For more information on the Maternal Health Hotline, visit the [website](#).

OFMQ Project Feature



Oklahoma Dementia Care Network

The Oklahoma Dementia Care Network (OkDCN) is a collaborative statewide program to improve the care and health outcomes of older adults living with Alzheimer's disease and other related dementias, while providing support and education to their family and friend caregivers. Our mission is to enhance the care and support for the growing number of Oklahomans affected by all types of dementia through the 4 Ms:
What Matters, Mind & Mood, Medications, and Mobility.

TALK TO YOUR PROVIDER About Age-Friendly Care

WHAT MATTERS

- Tell your provider your healthcare goals
- Provide your advance care planning documents to your provider



MIND & MOOD

- Tell your provider if you have concerns about your memory or your mood



MEDICATIONS

- Ask your provider if any of your medications are high-risk
- Ask your provider about possible side effects and interactions
- Bring all medications to your visit



MOBILITY

- Create an exercise plan to improve mobility and reduce fall risk
- Stay physically active
- Reduce home hazards



www.oklahomadementiacarenetwork.org







Practical Use of the 4 Ms

Why did we chose this resident?	Resident A - she is unhappy and cries frequently.
Which "M" was chosen and why?	<u>What Matters</u> : we wanted to find out what she would be interested in and what we could do to help her have a better quality of life.
How was the "M" assessed?	The Social Services Director asked Resident A what makes her happy, what she likes to do for fun, her food and drink preferences, and her hobbies.
How was the "M" acted on?	One of the things Resident A likes to do is socialize. We took the initiative to introduce her to a group of ladies that enjoy visiting, and they gladly accepted her into their group.
What happened when we tried it?	Resident A was readily accepted, and she now visits with the group of ladies every day. She visits with staff and visitors as well.
What did we change as a result to make it work?	Introduction to the social ladies in the facility truly worked and impacted Resident A positively with a brighter mood and spirit.
Where does the team document this work?	Resident A's Care Plan



Oklahoma

Alzheimer's Statistics



Prevalence

NUMBER OF PEOPLE
AGED 65 AND OLDER
WITH ALZHEIMER'S

Year	TOTAL
2020	67,000
2025	76,000

ESTIMATED % CHANGE

13.4%



Workforce

26

of geriatricians

557.7%

% increase needed to meet
the demand in 2050

22,820

of home health and
personal care aides

33.3%

% increase needed to meet
demand in 2028



Caregiving (2021)

4th highest average number
of hours per caregiver

129,000

Number of Caregivers

\$3,811,000,000

Total Value of Unpaid Care

27.5%

% of caregivers
with depression

244,000,000

Total Hours of Unpaid Care

53.5%

% of caregivers
with chronic
health conditions



Health Care

HOSPICE (2017)

4,102

of people in hospice
with a primary diagnosis
of dementia

18%

% in hospice with a primary
diagnosis of dementia

HOSPITALS (2018)

1,692

of emergency department
visits per 1,000 people
with dementia

21.6%

dementia patient hospital
readmission rate

MEDICAID

\$516M

Medicaid costs of caring
for people with Alzheimer's
(2020)

18.3%

projected change in costs
from 2020 to 2025

MEDICARE

\$28,273

per capita Medicare spending on people
with dementia (in 2021 dollars)



Mortality

OF DEATHS FROM ALZHEIMER'S DISEASE (2019)

1,775

178.2% increase in
Alzheimer's deaths since 2000

More than **6 million Americans** are living with Alzheimer's, and over **11 million** provide their unpaid care. The cost of caring for those with Alzheimer's and other dementias is estimated to total **\$321 billion** in 2022, increasing to nearly **\$1 trillion** (in today's dollars) by mid-century.

For more information, view the [2022 Alzheimer's Disease Facts and Figures](https://www.alz.org/facts) report at [alz.org/facts](https://www.alz.org/facts).
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For more information, view the [2022 Alzheimer's Disease Facts and Figures](https://www.alz.org/facts) report.

Join free ECHO sessions!

ECHO

Free Geriatrics Education for Nursing Home Staff



What is Project ECHO?

The format of an ECHO is a clinical case presentation by a nursing home team member followed by a 15-minute informational presentation delivered by the ECHO Hub Team.

How are Patient Care Needs Addressed?

Through HIPAA-compliant, technology-enabled collaborative learning among nursing home staff

- Addressing geriatric health concerns
- Conducting regular sessions to discuss specialized topics relevant to nursing homes
- Using case-based learning to determine best treatment options

There is no cost to join an ECHO session. Free NAB credits for nursing home administrators.

Sign up today by visiting www.oklahomadementiacarenetwork.org and selecting an event date or by scanning the QR Code.



For more information, please email OkDCN@ouhsc.edu.

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Summer 2022 Dates

Wednesday, August 17, 10:30 am

Thursday, August 18, 10:30 am

Topic: Maintaining and Improving Mobility for Dementia Residents

Presenter: Bobbette Miller, DPT, NCS
Clinical Assistant Professor
Co-Director, PT Clinical Educations

Wednesday, August 24, 2022, 10:30 am

Thursday, August 25, 2022, 10:30 am

Topic: Social & Romantic Relationships in Dementia Residents

Presenter: Kimberly Cassie, PhD, MSSW, MA
Researcher & Educator,
Anne and Henry Zarrow School of Social Work

Wednesday, August 31, 2022, 10:30 am

Thursday, September 1, 2022, 10:30 am

Topic: Improving ADLs with RT, OT, and PT

Presenter: Lisa Milhan, OTR/L, CHT
Clinical Assistant Professor
Department of Rehabilitation Sciences

Wednesday, September 7, 2022, 10:30 am

Thursday, September 8, 2022, 10:30 am

Topic: Reducing ED visits and Hospitalizations: Working with Discharge Planners

Presenter: Teri Round, MS, BSN, RN, NE-BC
Executive Director, Case Management Clinical Operations, HIPAA Officer
Assistant Director, Reynolds Center of Geriatric Nursing Excellence
Fran and Earl Ziegler OU College of Nursing

Wednesday, September 14, 2022, 10:30 am

Thursday, September 15, 2022, 10:30 am

Topic: Hospice Care, Death & Dying

Presenter: Crystal Stewart, BSN, RN
ACD Health Institute
Tulsa Tech, Hospice Services

Wednesday, September 21, 2022, 10:30 am

Thursday, September 22, 2022, 10:30 am

Topic: Dementia & Diabetes

Presenter: Lee Jennings, MD, MSHS Section Chief
Geriatric Medicine
OU College of Medicine



Register for the ECHO sessions here!

OkDCN Website

OFMQ Partners are Hiring!



[Hunger Free OK](#) is hiring two SNAP Outreach Coordinators based in Oklahoma City. These positions will help implement HFO's statewide SNAP outreach plan in collaboration with OKDHS and the two food banks.

Hunger Free asks partners to share this [position](#) with their networks. Please share this information far and wide to anyone you think might be interested or a good fit.

Some key responsibilities:

- Build relationships with community partners (with a special focus in making connections in rural communities)
- Engage Oklahomans that are a part of [USDA priority populations](#) to learn about barriers to applying for SNAP and identify solutions
- Provide high quality customer service and technical assistance to partners
- Be systems and network minded to help our small team reach a wide audience

Summer is for Grilling!



Grilled Chili Chicken Tacos with Tomatillo Salsa

Recipe by The Defined Dish



Throw everything on the grill - even the salsa ingredients!



Easy, healthy, grilled deliciousness!

Find the full recipe [here!](#)

Delicious Grilled Veggies

Recipe by Natasha's Kitchen



Vegetables CAN be delicious - they just need some CHAR!

Find the full recipe [here!](#)

July HIT List:

- CMS Issues Significant Updates to Improve the Safety and Quality Care for [Long-Term Care Residents & Calls for Reducing Room Crowding](#)
- HHS Issues [Guidance to Protect Patient Privacy](#) in Wake of Supreme Court Decision on Roe v. Wade
- Long-Term Care Hospital Provider [Preview Report](#): Review by July 15
- July National Health Observances: [Hepatitis Awareness and the Importance of Youth Sports](#)



Happy Fourth of July!



Have Questions or Need Assistance?



Contact Us Today!
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